

KURIAKOSE GREGORIOS COLLEGE PAMPADY



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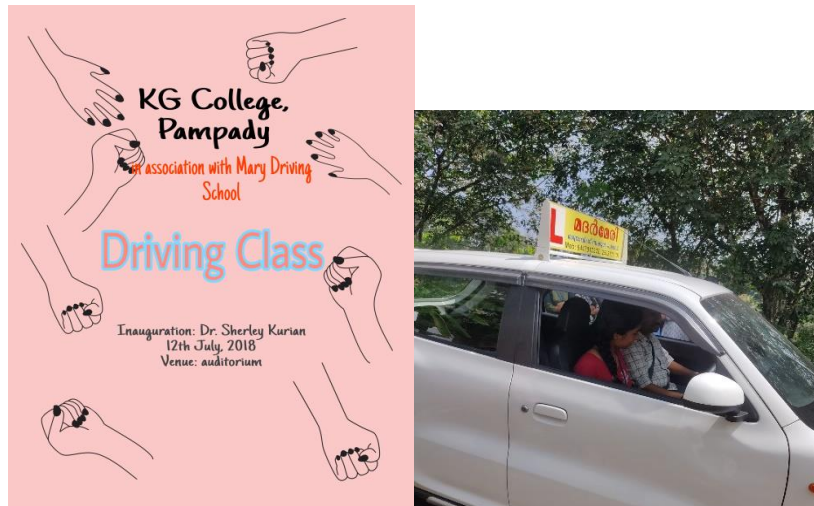
7.1.1 GENDER AUDIT AND PROMOTION OF GENDER EQUITY

PROGRAMMES CONDUCTED FOR PROMOTION OF GENDER EQUITY

2018-2019

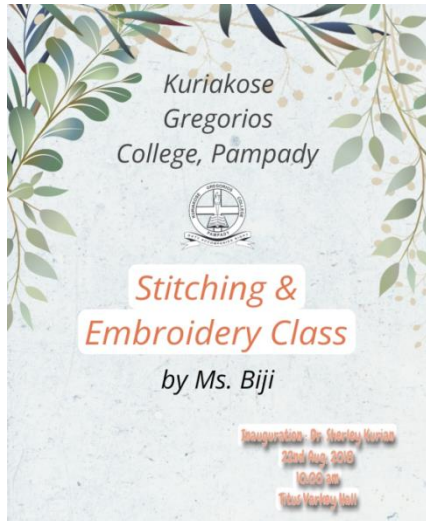
DRIVING CLASSES FOR GIRLS

This year the forum concentrated much on life skills and thereby decided to provide driving classes for girls. The driving class was conducted in collaboration with 'Mary Matha Driving School'. There was an inaugural ceremony held at the college auditorium by Principal Dr. Sherly Kurian on 12th July, 2018, followed by a talk regarding the need for girls to be independent. Six of our girl students enrolled for four wheelers and two-wheeler driving classes. Driving classes were held at college grounds from 3:30 pm- 4:30 pm. With much pride all six of them grabbed their respective driving licenses either in four-wheeler or two-wheeler or for both.



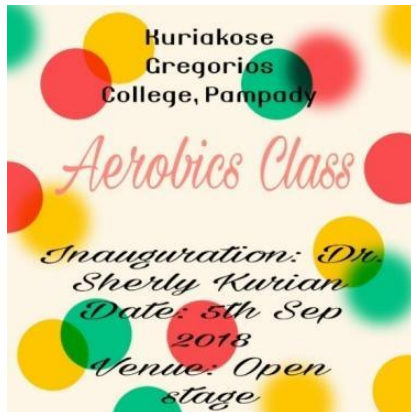
STITCHING, EMBROIDERY AND GLASS PAINTING CLASSES

An external faculty, also a proud parent of our college, Ms. Biji conducted classes for stitching, embroidery and glass painting. This session was inaugurated on 22nd August 2018 by college Principal, Dr. Sherly Kurian. Classes were conducted on Saturdays, and the activities were extended for 6 months. Some students utilized the opportunity for setting up start-ups and earned money out of it. Students participated in the classes with much interest and requested for such classes in the coming years too.



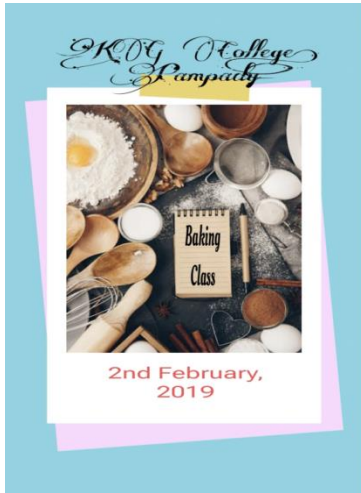
AEROBICS CLASSES FOR GIRL STUDENTS

This year the forum decided to organize an aerobics class for girls in our college. The inaugural ceremony was held at open stage by Principal Dr. Sherly Kurian on 5th September 2018. This was followed by a talk regarding the need of aerobics to maintain the body healthy and fit by Ms. Ashisha Shibu. A total of 11 girls from UG and PG participated in aerobics classes, which were conducted from 4:30 pm-5:30 pm on weekdays. The students learnt aerobics exercise with much interest and fun



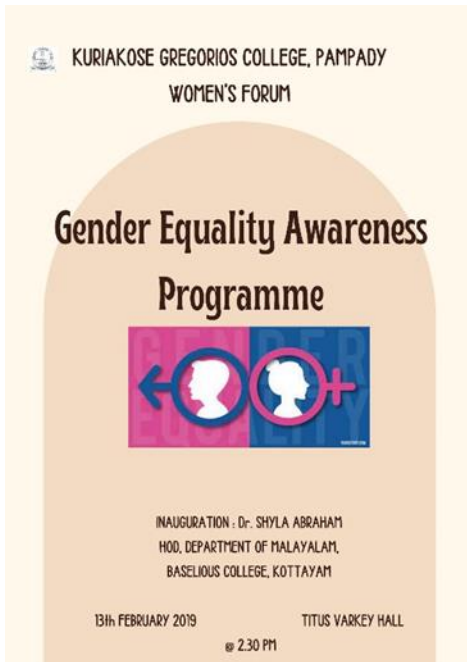
CAKE BAKING CLASS

The Women's cell conducted a cake baking class for the ladies in our ward. The class was held on 2nd February 2019. Introductory baking classes provide ladies with an understanding of the ingredients and methods used in creating breads, cakes, cookies and other desserts. Participants learn how dairy, fruits, flour and chocolate come into play with cakes and baking. The fundamentals of dough and basic decorating skills are covered and teachers also introduce baking equipment and baking costs. They got hands-on experience on how to bake cakes and teachers also shared tricks and techniques on how to bake soft cakes.



GENDER EQUALITY AWARENESS CLASS

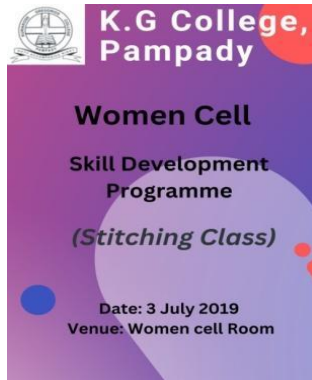
The women's forum conducted an awareness class regarding gender equality. The session was conducted on 13th February, 2019 in Titus Varkey Hall and it was inaugurated by the college principal Dr. Sherly Kurian at 2:30 pm at Titus Varkey Hall. Gender equality class aims to promote a general understanding of gender-related challenges like violence against women, gender pay gap, lack of awareness among their rights and ability to achieve equality. The class was very informative.



2019-2020

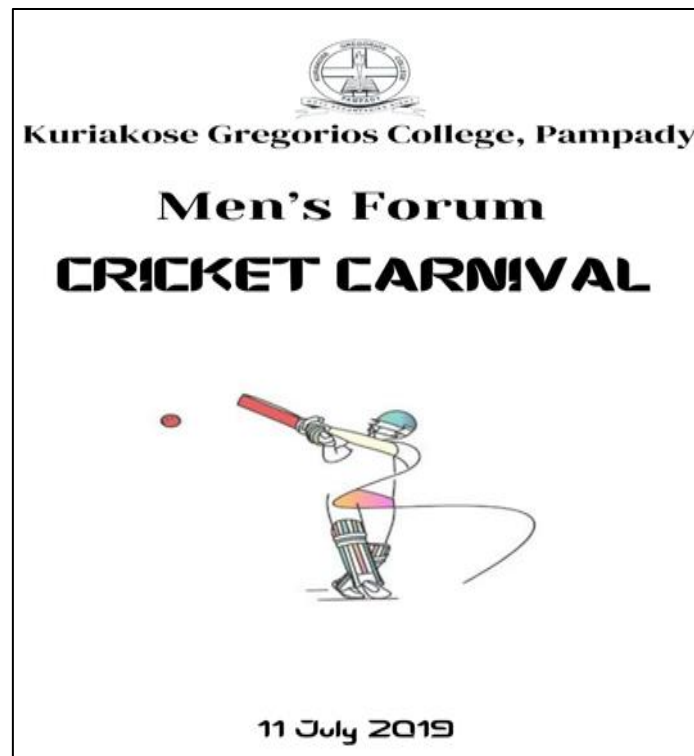
STITCHING CLASSES FOR GIRL STUDENTS

The Women's cell of Kuriakose Gregorios College started a stitching class for students on 3rd July 2019 as part of our skill development program. The stitching classes were handled by the students itself and women cell conveners monitored the progress of the class. The classes were conducted every Saturday on a regular basis.



CRICKET CARNIVAL

As part of the World Cup Cricket, the Men's forum organized a special event "Cricket Carnival" on 11 July 2019. Sri U Sreejith (CI of Police, Pampady) inaugurated the event.





“SEETHALAYAM”: LECTURE ON THE MENTAL HEALTHCARE OF WOMEN

A project initiated by government of Kerala in association with the homeopathic department of the empowerment of the women. A seminar was held on 27th July 2019 at Titus Varkey Hall, K G College. This session was taken by consultant psychologist Nadam P S. The session was way too informative with the topic women’s mental wellness; also, it gets into the topic, empowerment of women. Seethalayam Is a programme launched by the homeopathic department, Government of Kerala. The project initiates to empower women’s mental, physical and social health. Seethalayam turned to be a helping hand for many women who have been suffering from various mental and physical problems. Through the session, Ms Nadam P. S., opened up about vast aids the government has been providing for the upliftment of women; the forms include domestic violence and dowry problems also. The scheme addresses women’s issues through counselling, treatments and providing them with further legal advices on the road. The session was informative enough to urge the students to clear their doubts regarding session mental and psychological problems they have been through. The seminar came to an end with a vote of thanks by Ms Princy Susan Koshy in charge of women’s forum.



TALK ON WOMENS' WELLNESS

A seminar was conducted by SAAM (spirituality, life and mental health) movement. The programme was held on 21st January 2020 at Titus Varkey Hall. The introductory statement was given by Fathimi Salam, secretary of the women's forum. The session was taken over by Smt. Nisha Surendran , Prof ,SME nursing college. The session was all about the care at adolescence and teenage .The session was factual and instructive with its content and hence touched various topics on women’s health wellness and hygiene . The identity development at adolescence, teenage fantasies, infatuations and addiction of many kinds have been pointed out as the major things that have to be dealt with greater care. The seminar winded up with the vote of thanks by Sandra women’s forum executive member.



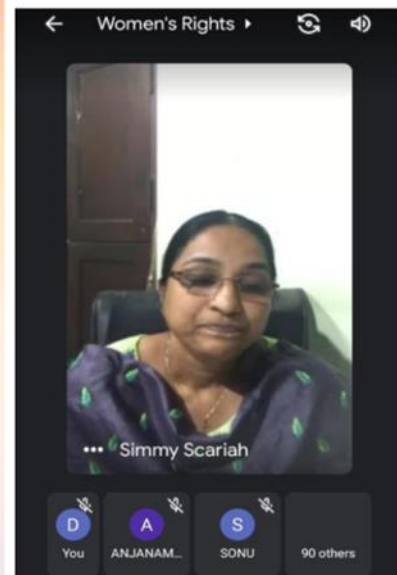


2020-2021

WEBINAR- GENERATION EQUALITY: REALIZING WOMEN'S RIGHTS

Madathilasaan center for human empowerment has conducted a talk on generation equality: relaxing women's rights, in association with women's cell, IQAC and Alumni association as a part of ruby jubilee year. The talk was led by Dr Simmy M Varkey, professor of CPAS Kottayam on 26th November 2020 at 2 pm through the online platform Google meet. Dr Simmy M Varkey has given us a proper awareness about the rights and laws which women are mostly not aware of. And she pointed out this as one reason for increasing domestic violence and crimes against women. It was a pleasing session for the students

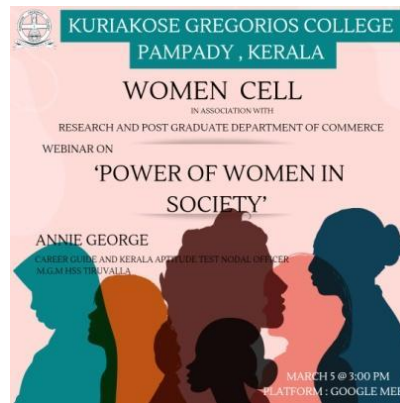
Kuriakose Gregorios College, Pampady
Madathilasaan Centre for Human Empowerment
in association with Women's Cell, IQAC & Alumni Association
Ruby Jubilee
Gregorians Lecture - 10
Generation Equality: Realizing Women's Rights
Dr. Simmy M. Varkey
(Professor, INE SME, CPAS, Kottayam)
2.00 pm - 26th November 2020 - Google Meet





POWER OF WOMEN IN SOCIETY- WEBINAR

A webinar was conducted on the topic 'power of women in society' by the Women's cell in association with the Department of Commerce on 5th march 2021 at 3 pm through Google meet. The talk was led by Ms. Annie George who is a career guide and Kerala aptitude test nodal officer at M.G.M HSS Thiruvalla. She urged the importance of jobs for women. Instead of continuing herself in the four walls of her house, she should be economically independent and self-reliant. She gave the proper guidance for a good career and a bright future.



WEBINAR- ROLE OF WOMEN IN SOCIAL UPLIFTMENT

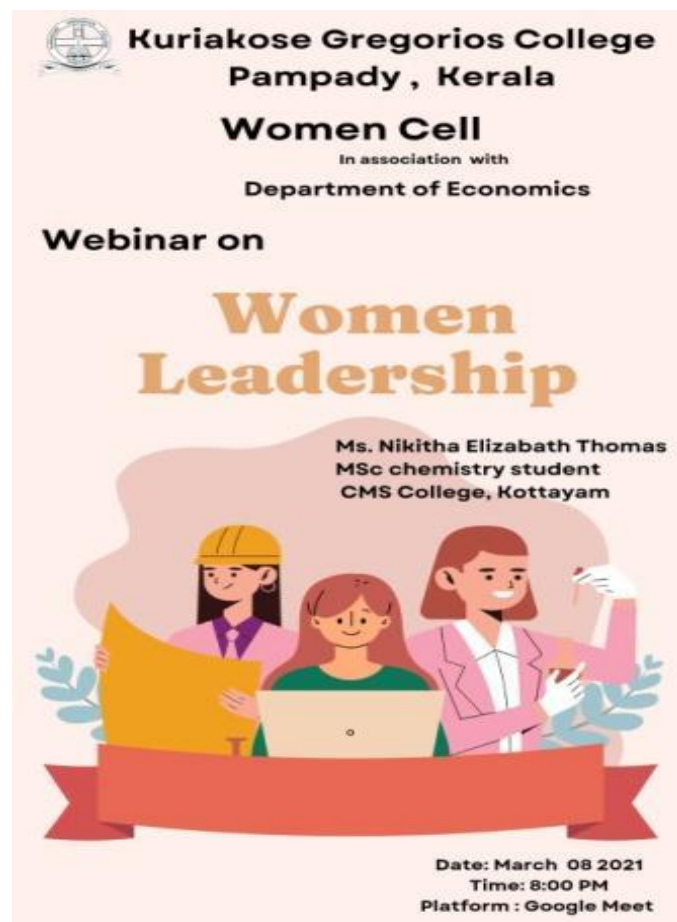
On March Women's Day, NSS unit of Kuriakose Gregorios College organised a webinar on women empowerment in the College. Dr M S Sunil winner of Nari Shakti Puraskar award led the class through Google Meet at 12:00 pm. She shared her experience with the students and also talked about the importance of women in the society. It was really a informative and inspiring session.





WEBINAR ON WOMEN LEADERSHIP

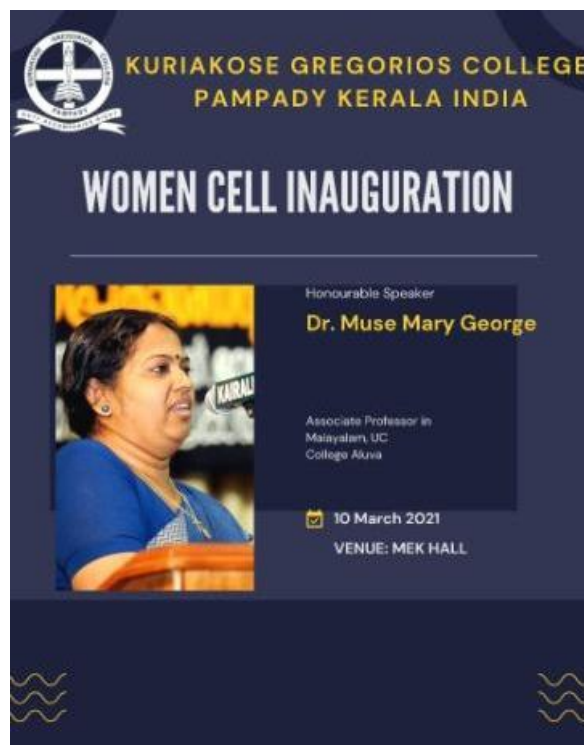
Women's Cell, in association with the Economics Department of Kuriakose Gregorios College hosted a talk on women leadership on 8th march 2021 at 8 pm through google meet. Ms. Nikitha Elizabeth Thomas, M.Sc. chemistry student at CMS College, Kottayam and alumni of our college led the talk. She made a PowerPoint presentation and explained well using the presentation. She also talked about eminent women leaders and the struggles they had gone through to come to the forefront. The class was really inspiring to all of us.





SEMINAR ON GENDER EQUALITY


The first offline program conducted by the Women's cell was held on 10th March 2021 at MEK hall at 11:00 am. The session was led by Dr. Muse Mary John, Assistant Professor in Malayalam at Union Christian College Aluva. The inauguration of activities of the women cell was also held along with this session, which was delayed due to covid pandemic. Dr. Muse Mary is a writer as well as a social activist. She raised the importance of equality in all the fields for women and men. Women should be given equal respect as men. It is their priority and they deserve it. She also shared her experience in writing. She added that this is the era where women are equally treated as men. The session was really a great experience for most of us.





WEBINAR ON 'BEING A WOMAN IN THE 21ST CENTURY: WHAT NEEDS TO CHANGE AND WHY'

Women's Cell organized a webinar on the topic 'Being a woman in the 21st century; what needs to change and why' in association with the department of chemistry. Mrs. Angelina Elizabeth Ommen, research scholar (dept. of English) and our former faculty of English department led the class. It was held on 12 th march 2021 at 5:30 pm through Google meet. Being a strong supporter of feminism, she took it as a stage to express her views and thoughts related to this topic with our students. She equally ensured participation of students and gave them a chance to express their views too. She also dealt with issues like dowry, domestic violence and crimes against women. She also raised questions regarding women abuse and equal space and respect for women. She also opened up her opinions about recent cases of rape and women abuse. She talked about the need for equality and the importance of strict laws in our country. It was really inspiring and informative.

 **KURIAKOSE GREGORIOS COLLEGE**
PAMPADY, KERALA

Women cell

Webinar on
**Being a Woman in
the 21st Century; What Needs to
Change and Why '**

Resource Person
Angelina Elizabeth Ommen
Research Scholar
Department of English
CMS College Kottayam

Time: 5:30PM
Date: March 12 2021
Platform : Google meet

Conducted by Students of Chemistry Department





2021-2022

WEBINAR ON POCSO ACT 2012 AND GENDER EQUALITY

As quoted by Nelson Mandela “The true character of a society is revealed in how it treats its children.” In association with Rakshin project, Sakshi, Delhi, the NSS unit conducted a webinar on POCSO Act 2012 & gender equality. The session was led by Dr. Aditi Kishore.



K G COLLEGE, PAMPADY *Sakshi*
NSS UNIT NO:21

in association with
Rakshin Project, Sakshi, Delhi

WEBINAR

POCSO Act 2012 & Gender Equality



Dr. Aditi Kishore

19 June 2021

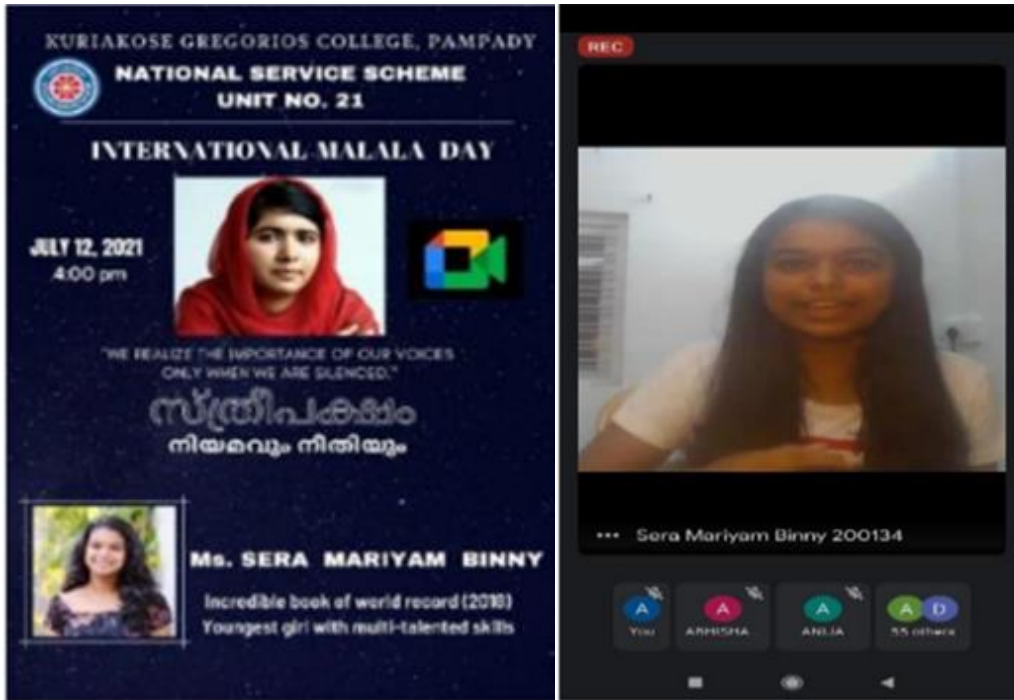
3:00pm





WEBINAR ON 'STHREEPAKSHAM: NIYAMAVUM NEETHIYUM'

As part of World Malala Day, a talk titled “sthreepaksham: niyamavum neethiyum” was conducted. The talk was led by the record holder of Incredible Book of World Records 2018, Ms. Sera Mariyam Binny. All the volunteers expressed their opinion on the topic thus making the session a largely interactive one.





WEBINAR ON GENDER SENSITIZATION

In association with the Department of Women and Child Development, Government of Kerala, the NSS Unit organized a webinar on gender sensitization led by gender trainer Smt. Babitha Jacob.

Kuriakose Gregorios College, Pampady
Nss Unit No:21
in association with
Women & Child Development Department
Government of Kerala
Kottayam District Office
Gender Sensitization

Date: 17/07/2021
Time: 3:00 pm

Smt Babitha Jacob
Gender Trainer





WEBINAR: BORDER GUARDING EXPERIENCE IN KASHMIR

The most honourable people in the world are those brave men and women who have served and are serving their country with bravery, dedication and self-sacrifice. It is very important that the people should know about their struggle and dedication in serving our country. Madathilasan centre for Human empowerment, NSS and NCC units, EBSB and IQAC of the college jointly organized a webinar on the topic 'Border Guarding Experience in Kashmir' on 25th August 2021 through Google Meet. The session was led by Rifle Woman of Assam Rifles and the only Keralite Woman Guarding the Border Ms. Athira K Pillai.



Border Guarding Experience in Kashmir

Ms. Athira K Pillai

Rifle Woman, Assam Rifles
Only Keralite Woman Guarding the Border



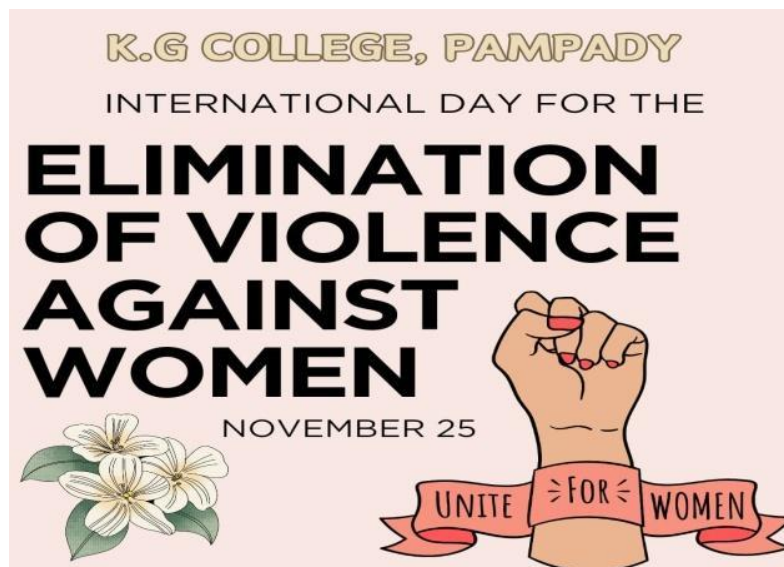
4:00 pm, 25 AUGUST 2021





ESSAY WRITING COMPETITION ON INTERNATIONAL DAY ON THE ELIMINATION OF VIOLENCE AGAINST WOMEN

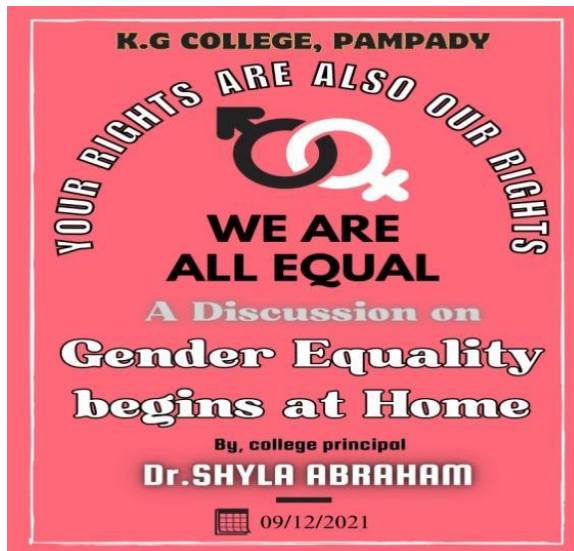
On the eve of “International Day of Elimination of violence against women” on November 25th, 2021 various competitions were conducted for UG and PG students by women’s cell. Essay writing Competition was held on 25th November at 10:00 to 10:30 AM with the topic violence against women. Students participated in the competition



DISCUSSION: "GENDER EQUALITY BEGINS AT HOME"

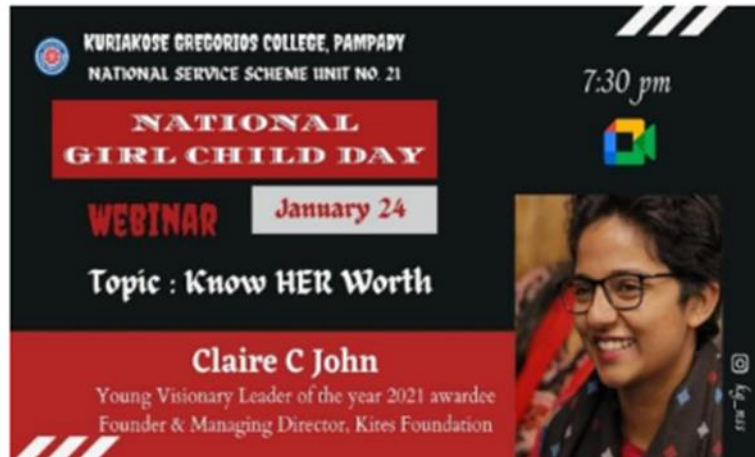
Home is where the heart is. But it's also the first place where children are socialized into gender norms, values and stereotypes. From the moment babies are born, their assigned sex (male or female) immediately begins to shape how they should be treated, what opportunities they should receive or how they should behave according to dominant gender stereotypes in their society. The most significant influence on gender role development occurs within the family setting, with parents modeling and passing on to their children their own beliefs about gender.

"Discussion on Gender Equality Begins at Home". The session moderated by Dr. Shyla Abraham (Principal). Students shared their opinions freely. Parents aren't entirely responsible for how their children perceive gender – much of the external world including peers, teachers, caretakers and the media have an impact on how children



WEBINAR: 'KNOW HER WORTH'

As the violence against women are increasing day by day it is important to discuss the importance of a girl child. On this cause, as part of National Girl Child Day, NSS Unit conducted a webinar on the topic "Know Her Worth". The session was led by Ms. Claire. C. John, Young Visionary Leader of the year 2021 awardee and founder and Managing Director of Kites Foundation. 65 volunteers attended the session.



WEBINAR ON "TOWARDS A PERIOD: EQUAL SOCIETY"

Most people have little or no idea on the level of pain and agony women and girls go through while on their period. To bring awareness about the same, a webinar was organized for the volunteers titled "Towards a Period – Equal society". We associated the webinar with VentureVillage, a global organization with the mission to promote the best educational practices in the developing world. The session was led by Ms. Ann Mary Biju, program manager of VentureVillage and Ms. Pranathi Arpitha Prasad, eco femme, ambassador coordinator. The session was on 9th February, 2022 through Google Meet.



SKIT: APARAJITHA AND TALK ON MENSTRUAL AWARENESS

“A gender equal society would be one where the word ‘gender’ does not exist: where everyone can be themselves. Both men and women have equal freedoms, but sometimes the freedom for girls is restricted by our society. Girls have to face a lot of obstacles in their journey to their goal. To inspire the children of this generation we organised a skit named “APARAJITHA” which says about the achievement of a girl’s ambition facing a lot of problems. Menstrual avoiding is another problem faced by women. When a girl is on her period it is very important to keep her close to us, never try to avoid her. They will be down mentally and physically when they are on periods. To give an awareness to our new generation children we conducted a talk on menstruation. The talk was led by NSS volunteer secretary Mr. Abhishanth Madhu. Both the skit and the talk were conducted at MGMHS Pampady on 10th February 2022.





DEBATE COMPETITION ON 'STHREEDHANAM SAMPRADAYAM KALAHARANAPPEDUM'

Dowry system is a most relevant problem faced by our society. It is very important to prohibit this evil system. Our NSS unit organized a debate competition to the students of our college. The debate was on the topic 'The dowry system will expire' (sthreedhana sambradaayam kaalaharanappedum). The competition was organized in association with the Debatory & Oratory club and Women and Child Development Directorate and was conducted from 4th March 2022 to 7th March 2022.





WEBINAR: CONVERSATION WITH DR. SOSAMMA IYPE

Madathilasaan Centre for Human Empowerment, in association with Bhoomitra Sena Club and IQAC, Harithalokam, District Women and Child Development Office, Mahila Shakthi Kendra, Kottayam conducted a webinar as a part of Bharatheeyam Programme, a talk by Dr. Sosamma Iype, Padma Shri Awardee 2022 and conservator of Vechur Cow. The talk was conducted on Google Meet at 7:00 pm.

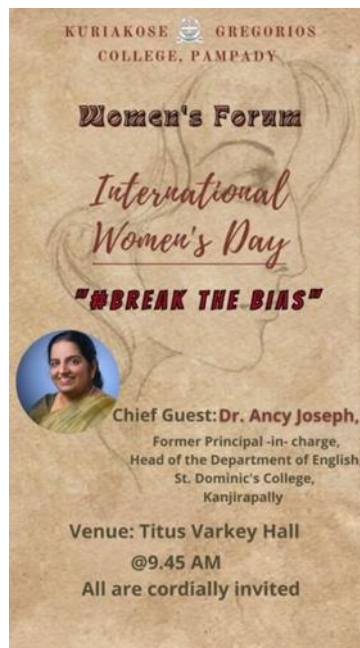
The poster is for a webinar titled "International Women's Day" featuring Dr. Sosamma Iype. It includes the following elements:

- Logos:** Kuriakose Gregorios College Pampady logo, Madathilasaan Centre logo, and the 75th Azadi Ka Amrit Mahotsav logo.
- Text:**
 - Kuriakose Gregorios College, Pampady**
 - Madathilasaan Centre for Human Empowerment, Bhoomithrasena Club, IQAC & Harithalokam**
 - In collaboration with District Women & Child Development Office & Mahila Shakthi Kendra, Kottayam**
 - BHARATHEEYAM EXPLORING INDIA**
 - International Women's Day** (in red cursive)
 - In conversation with Dr. Sosamma Iype**
 - Padma Shri Awardee 2022 & Conservator of Vechur Cow**
 - 8 MARCH 2022, 07:00 pm** (in an orange box)
- Images:** A portrait of Dr. Sosamma Iype, a portrait of Mahatma Gandhi, and a photograph of Dr. Iype holding a white cow.
- Contact Info:** www.kgcollege.ac.in and @madathilasaan_centre.



SEMINAR- BREAK THE BIAS

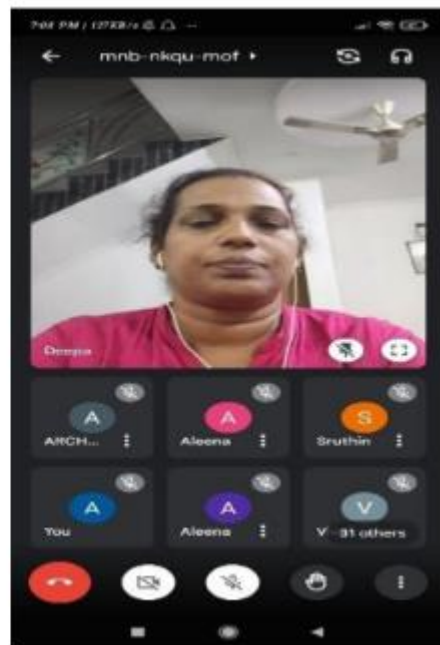
International women’s day, celebrated on 8th march every year commemorates the achievements of women and their existence in general. The theme for international women’s day 2022 is ‘gender equality today for the sustainable tomorrow’. The day was celebrated by the whole college community by organizing, attending, listening and actively participating in an interactive session by Dr Ancy Joseph, former principal in-charge and head of the department of English, St. Dominic's College, Kanjirappally, on the theme of “Break the bias”. She emphasized the importance of equality in all fields for a sustainable, bright future for the young. A quiz session was also included in the program which was led by Ms. Krishnendhu A. The program was a great experience to the students





WEBINAR- 'PENKARUTH'

“There is something so special about a woman who dominates in a man’s world. It takes a certain grace, strength, intelligence, fearlessness, and the nerve to never take no for an answer.” From winning off-road jeep competitions to rushing the sick to hospital in ambulances – Kerala’s first women ambulance pilot combines her passion for driving and service, while also being a role model for young women to follow their dreams. The NSS Unit organised an experience sharing session of Deepa. Mol. P. G who was the first woman in Kerala with the licence to drive 108 ambulances. The session was conducted on 20th March 2022, at 7 pm on Google Meet. She is such a strong woman and her life became an inspiration to our NSS volunteers.





2022-2023

AWARENESS CLASS ON IDENTITY CRISIS IN ADOLESCENCE

Identity crisis is a serious and complicated problem that can afflict people at different phases of their lives, particularly during adolescence. A class on identity crisis in adolescence was presented on August 10, 2022, by the men's and women's forums as part of the Seethalayam initiative run by the Kerala government in collaboration with the government homeopathic hospital, Kurichy. Dr. Anjana Chandran, the project's medical officer, and Smt. Sneha Benny, the project's female psychologist, led the class. The program's resource persons urged the participants to be brave and explore their interests, pastimes, and passions while admonishing them to maintain their confidence. The discussion was instructive and inspirational.

KURIAKOSE GREGORIOS COLLEGE
PAMPADY
Women's Cell & Men's Forum
in association with
Govt. Homeo Hospital, Kurichy
(Seethalayam Project)

AWARENESS CLASS
IDENTITY CRISIS IN ADOLESCENCE

Venue : Prof. Titus Varkey Hall
Date & Time : 10-08-2022 1:30 PM

INAUGURATION

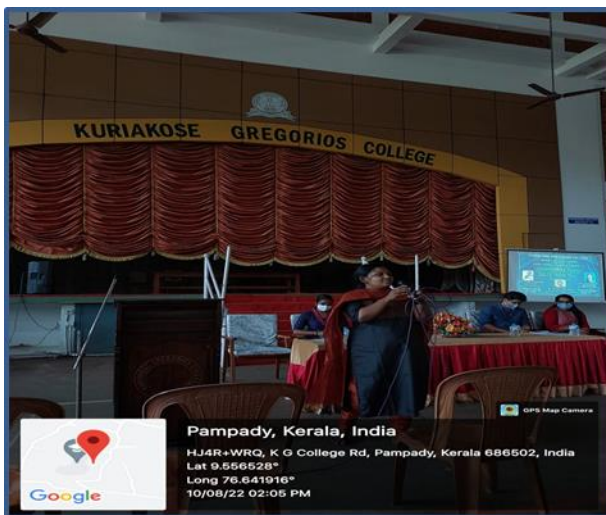
Dr. Anjana Chandran
NAM Medical Officer
Seethalayam project
Govt Homeo Hospital, Kurichy

Smt. Sneha Benny
Lady Psychologist
Seethalayam Project
Govt. Homeo Hospital, Kurichy

Teachers in-charge
Dr. Anila Kumary KS
Dr. Joji M Philip

Dr. Shyla Abraham
Principal, KG College Pampady

Student co-ordinators
Aiswaryamol KR
Anudev PD





WEBINAR ON MENSTRUAL HYGIENE

The Gender champions’ club, in association with IQAC and Women’s forum organised a Menstrual Hygiene webinar for all students of the college on 17th October 2022 at 3:00 pm through Zoom platform. All the students could attend the webinar since it was divided into sections based on demands. The goal of the webinar was to inform and instruct the students about proper menstrual hygiene and dispel any stigma associated with it.

Kuriakose Gregorios College,
Pampady

IQAC in association with Gender
champions Club and Women's Forum.

webinar : MENSTRUAL
HYGIENE

Date : 17/10/22
Time : 3:00 - 4:00 pm
zoom link
<https://us02web.zoom.us/j/88151809839>
Meeting ID: 881 5180 9839
Passcode: 779986

Mrs. Nitya Chaudhary
CSR Executive
Unicharm India

Recording You are viewing Nitya Chaudhary's screen View Options

When To Consult A Doctor?

You must consult a doctor if your periods:

- Have started before the age of 8 years or not started by the age of 15 years
- If the menstrual cycle is delayed, early, irregular
- Are heavy (with clots) or scanty or very painful and disrupt your normal routine
- In case of heavy / smelly / yellowish / brownish white discharge
- During Menopause while there are hot flashes, night sweats, low sex drive, dry eyes, skin and mouth, vaginal dryness and pain, emotional changes (irritability, depression and mood swings), fatigue, insomnia, urinary trouble (frequency or incontinence), hair loss, memory problems

Participant List:

Nitya Chaudhary	Lt.RENISH JOSEPH	Manukuttan
vidya.r	Aparna Jayaprakash	Revathy Roy
Joshua.v. shajan	Catharin Binu	Bibin
Athul Gopi	Heera krishna	Josena
Devika S Nair, A...	Krupa Babu Philip	Reenu S John

30°C Rain coming ENG IN 3:39 PM 10/17/2022





TUTELAGE LECTURE- 17: GENDER AND RELATIONSHIPS

On October 17 2022, MCHE, Women's Cell, Men's Forum & IQAC in association with Women & Child Development Department, Govt. of Kerala held a class on Gender and Relationships as an orientation for freshers. Ms. Heleena Rajan Philip, Former Women Welfare Officer, WCD Department, Kottayam was the resource person.



Kuriakose Gregorios College, Pampady
Madathilasaan Centre
for Human Empowerment
Women's Cell, Men's Forum & IQAC
in association with
Women & Child Development Department, Govt. of Kerala
Tutelage Lecture - 17
Gender and Relationships
(Orientation for Freshers)



Ms. Heleena Rajan Philip
(Former Women Welfare Officer,
WCD Dept., Kottayam)

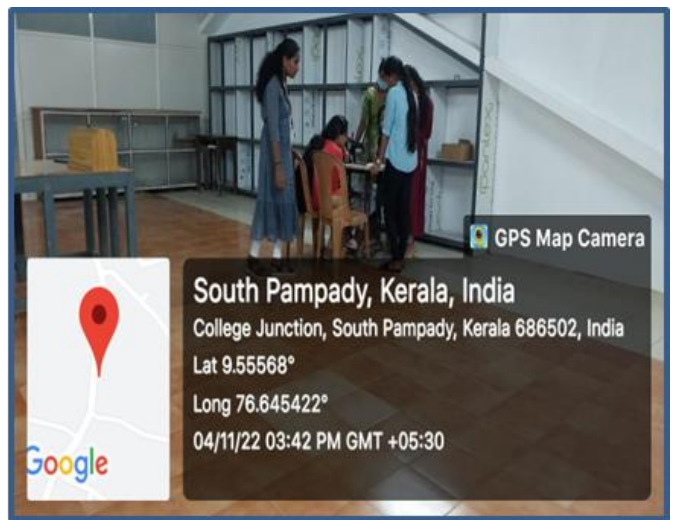
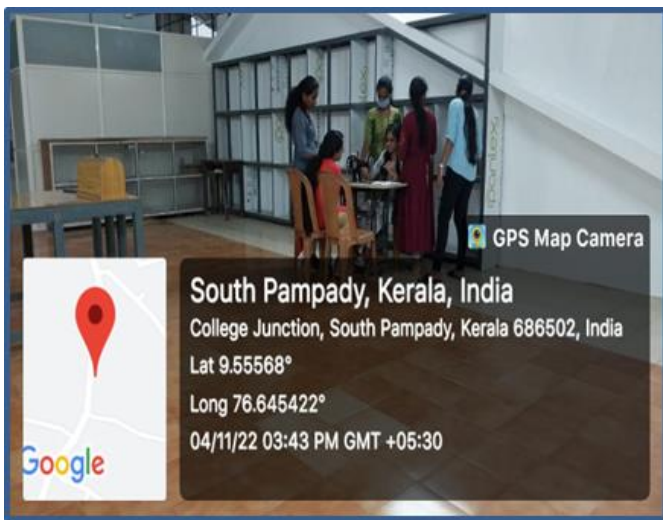
Media Centre - 2.30 pm - 17th October 2022





TAILORING CLASSES FOR WOMEN

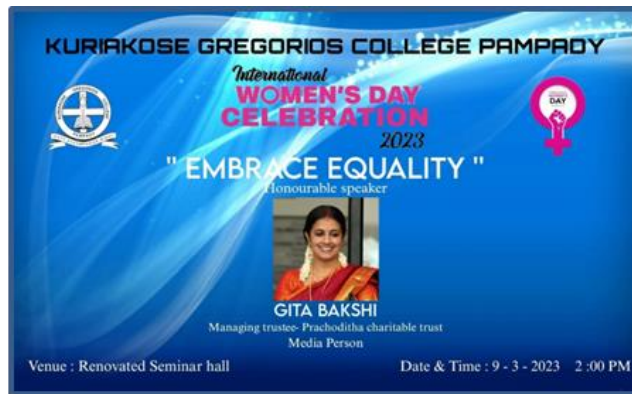
Financial independence is a crucial element of gender equality and the development of women's personal lives. Women's financial independence is encouraged via self-employment. The Women's Forum started a tailoring class on November 4, 2022 so that members may use their talents to earn money. Participants in our college practiced their sewing skills by stitching clothes using sewing machines. In the lesson, girls were able to discover and rediscover their innate tailoring skills. The workshop was led by knowledgeable students who had already received training.





TALK ON "EMBRACE EQUALITY"

The purpose of International Women's Day is to promote gender equality while highlighting and celebrating the social, economic, cultural, and political accomplishments of women. On March 9, 2023, at 2 p.m. at RUSA Seminar Hall, our college's Women's Forum hosted a talk on the equality of women as part of the Women's Day celebration. Media expert Gita Bakshi, who oversees the Prachoditha charitable trust, handled the "Embrace Equality" session. She discussed the distinction between gender equity and gender equality. She addressed the issues faced by women in India and how they varied depending on where you were in the nation. She further addressed the value of educating women. She also raised the concern of how a method of problem solving is different in different regions according to their living conditions. She shared her experiences witnessing problems faced by women in very rural and underdeveloped regions of the country. The session was incredibly participatory and educational.





WEBINAR ON “GUTS AND GLORY: WOMEN IN ARMED FORCES”

On 10th March 2023 MCHC conducted a Webinar titled “Guts and Glory: Women in Armed Forces”. Capt. Megha Madhu, an MNS Officer, Indian Army was the resource person. While there has been significant progress in the inclusion of women in the Indian Armed Forces, there still a long way to go. The journey towards gender equality in this sphere is fraught with challenges. However, the courage, determination and resilience of women officers serve as a beacon of hope.

YouTube Link: <https://youtu.be/jbCElcl0-Ss?si=sEZMBaH-XgICogNw>

Kuriakose Gregorios College, Pampady
Madathilasaan Centre
for Human Empowerment
in association with NCC & IQAC
Ancestral Lecture - 5
Guts & Glory :
Women in Armed Forces

Capt. Megha Madhu
(MNS Officer, Indian Army)

7:00 pm - 10th March 2023



NIGHT WALK FOR WOMEN

As a part of the International Women's Day celebration on 13 March 2023 a night stroll program was jointly arranged by Kuriakose Gregorios College Pampady's NSS section and the women's forum. The major purpose of this walk was to reclaim public spaces that are still mostly inaccessible to women, with the message that everyone has a right to use these spaces, regardless of gender. The nocturnal walk was flagged off by Sri Ramesh, a sub-inspector at the Pampady Janamaithri police station. At 7:30 p.m., the female college employees and students began to move from Alampally Junction with the assistance of Janamaithri police. About 1.2 kilometres were covered by participants. The walk came to an end in Pampady. For the event, Sub-Inspector Sri Ramesh gave the keynote speech. Assistant Professor Nishitha.P. Mathew, the NSS Coordinator, also spoke to the audience. She discussed the value of setting up these kinds of programs in the rapidly evolving socio-political contexts of our society.





WEBINAR- LEADERSHIP AND GENDER EQUITY IN CAMPUS

On 16th march 2023, Chemistry Department in association with IQAC has organized International Women's Day special National webinar. The Resource Person was Dr. Sumi Mary Thomas, Assistant Professor department of history, and director of Women studies centre, CMS college, Kottayam. IQAC Co-ordinator. Lt. Renish Joseph felicitated on the occasion. The meeting ended at 8 pm.

KURIAKOSE GREGORIOS COLLEGE PAMPADY, KOTTAYAM, KERALA
DEPARTMENT OF CHEMISTRY
In association with
IQAC OF KG COLLEGE, PAMPADY

International Women's Day series II
National Webinar
Leadership and Gender Equity in Campus

Dr. Sumi Mary Thomas
Assistant Professor Department of History
Director of the Women's Studies Centre
CMS College Kottayam

16 March 2023
7:00 pm
Online
Google Meet

Result Announcement
of Women's Day Poster Designing Competition





WEBINAR- BREAKING BARRIERS: EMPOWERING WOMEN VIA LEGAL KNOWLEDGE

Legal expertise gives women the knowledge and resources they need to fight for their rights, get justice, and expose unfair behaviour. IQAC, the Gender Champions' Club, and the Women's Forum collaborated to host a webinar on "Breaking the Barriers: Empowering Women through Legal Knowledge" on March 18, 2023. Adv. Simi V. Tharakan served as the webinar's resource person. She discussed numerous legal education and training initiatives designed especially for women. She also noted that having a legal education enables women to fight prejudice, get justice, and fully engage in social, economic, and political life. Understanding the law is a potent instrument for removing restrictions that have historically restricted women's chances and rights. The webinar was very informative.

KURIAKOSE GREGORIOS COLLEGE, PAMPADY
INTERNAL QUALITY ASSURANCE CELL
in association with
GENDER CHAMPION CLUB AND WOMEN'S FORUM

WEBINAR ON:
BREAKING BARRIERS: EMPOWERING WOMEN THROUGH
LEGAL KNOWLEDGE.


 **ADV. SIMI V THARAKAN**

 Date: 18/03/2023

 Venue:

 5:00 to 6:00 pm




Prof. (Dr.) Renny P. Varghese
Principal
Kuriakose Gregorios College
Pampady, Kottayam - 686 502