

# **K G COLLEGE**

# MADATHILASAAN CENTRE FOR HUMAN EMPOWERMENT ACTIVITY REGISTER 2019-2020

Title of the activity	: Gene Editing
Nature of the activity	: Awareness
Name and designation of	the resource person <i>if any</i>
	: Dr Ethiran Kathiravan, Research Scientist,
	University of Chicago
Туре	: Erudite Lecture -1
Organizing agency	: MCHE
Date	: 31 <sup>st</sup> December 2019
Beneficiaries	: Students



:

Brief Report

On 31<sup>st</sup> December 2019, MCHE conducted an awareness class on Gene Editing. Gene editing is a powerful and rapidly advancing technology that allows for precise modification of an organism's DNA. It has the potential to treat genetic diseases, develop new therapies, and improve various aspects of agriculture

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Title of the activity	: Naattuchantha (local market)
Nature of the activity	: Extension
Organizing agency	: MCHE
Date	: 8th September 2019
Beneficiaries	: Local Producers and Buyers
Brief Report	:

On 8 September 2019, MCHE in association with State Bank of India, Kuttickal



conducted 'Natuchantha' a local marketing facility where local producers could directly sell their products to the consumer while avoiding the middle man which allowed the producers get the maximum price for their product and buyers could get fresh produces

straight from the source. It functioned for a total of four months but due to the shortage of seasonal products the activities were temporarily paused, however later due to the COVID outbreak Nattuchanda was discontinued.







Title of the activity

Nature of the activity

Organizing agency

: Extension

: MCHE

Date

: 12<sup>th</sup> October 2019

: Swanthvanam Music Program

### Beneficiaries : Patients of Pampady Govt. Thaluk Hospital

Brief Report





On 12<sup>th</sup> October 2019, MCHE conducted a Music program in Pampady Government Thaluk hospital in order to provide relief and enjoyment to the patients as

#### താലൂക്ക് ആശുപത്രിയിൽ സംഗീത സാന്ത്വനം ഒരുക്കാൻ കെജി കോളജ്

പാണാടി ഗേവ താലുക് സാന്താ സം ഒരുക്കാൻ കെ.മി കോളമ് കോളയിലെ മാത്തിൽ ത്യാറാൻ സെറ്റ്റെ ലോർ കല്ലാൻ ത്യാറാൻ നെറ്റ്റെ ലോർ കല്ലാൻ താന് നിര്ക്കറ്റിന്റെ പാര്മ സംഗീത നിന്നം എന്ന പോര്മ സംഗീത പരിപാടി ആഷ്യോഷ് സംഗീത പരിപാടി ആഷ്യോഷ് സംഗീത പരിപാടി ആഷ്യോഷ്യാന് നിര്ക്കും കല്ലാൻക്കും ത്യാഗാസം പക്ഷുക എന്നതാണ് ഉദ്യേഷം

പൂർവ വിട്ടാർഥികൾ, പ്രദേശവാ സികൾ എന്നിവരുടെ സഹകര ന്നത്തലാണ് പരിപാടി താരള വൈശിട്ട് 5ന് മാധിക്കൽ മോളത് മാൻഡിയൊള്ളി പംപത്സര്, മായപിൻ വിരുഗ്ധത്വമായ ഡോം വിപുറെ യോപകോൾ ഉറ്റ് പോതം പെട്ടും, ഒണ്ണാക് പഞ്ഞായത് പ്ര സിഡന്റ് മാത്രപ്പൻ താമമയുറി സാംപ്പം മാത്രിക്ക് പഞ്ഞായത് തന്നാ അാസംഗ്, ലതാ സാണ്യ തന്നാ അാസംഗ്, ലതാ സാണ്യ എന്നിവർ സംഗീത സാന്ധ്യയ്ക്ക് നതുന്നം നൽകും well as their caregivers.The program was inaugrated by Dr. Jayaprakash. Several students, alumnus as well as the general public participated and performed for the patients.

# സാന്ത്വനമായി താലൂക്ക് ആശുപത്രിയിൽ സംഗീതവും

aD TEDS

കെജി കോളേജിലെ മാ ത്തിൽ ആശാൻ സെന്റർ ഫോർ ഹ്യൂമൻ എംപവർ മെന്റിന്റെ സാമുഹിക ക്ഷേ മ പാധ നി ക ഇടെ ഭാഗമായി പാമ്പാടി താ ലൂക്ക് ആശുപ ത്രിയിൽ സാന്ത്വനം എന്ന പേരിൽ സാന്ത്വനം എന്ന പേരിൽ സംഗീത പരിപാടി ആരം ഭിക്കും. രോഗികൾക്കും കുടെയുള്ള വ ർക്കും ആശ്വാസം പകരുകയാ ണ് ലക്ഷ്യം.

കോളേജിലെ വിദ്യാർ ഥികൾ, പൂർവവിദ്യാർഥി കൾ, പാമ്പാടി നിവാസി കൾ തുടങ്ങിയവർ പദ്ധ തിയുടെ ഭാഗമാവും. സാ ໝາກັດຫລັດຜູ້ ຄູ່ເຈົ້າພວຣ നം ശനിയാട്ട വൈകിട്ട് അഞ്ചിന് ആംശുപത്രി യിൽ കോട്ടയം മെഡി ക്കൽകോളേജ് കാർഡി യാളജീവിഭാഗംപ്രൊഫ സറും വയലിനിസ്റ്റുമായ ഡോ. വിഎൽ ജയപ്രകാ ശ് നിർവഹിക്കും. ബ്ലോ ക്ക് പണ്ടായത്ത് പ്രസ്ഡ ന്റ് മാത്തച്ചൻ താമരശേരി 00005-04600046-0-0100000 ടി ദയറാ മാനേജർ ഫാ. മാത്യ കെ ജോൺ മറ ത്തിൽ ആശാനെ അനു സ്മരിക്കും. പിന്നണി ഗാ യകരായ അരുൺ സഖറി Uncertained at the cate and process could be (m ດມາ ສາວະເທີສາ ກາກມູ່ເມ unit Sciences Sciencial Back

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### **ACTIVITY REGISTER 2020-2021**

- Title of the activity : Nanotechnology : Fundamentals and Applications.
- Nature of the activity : Awareness

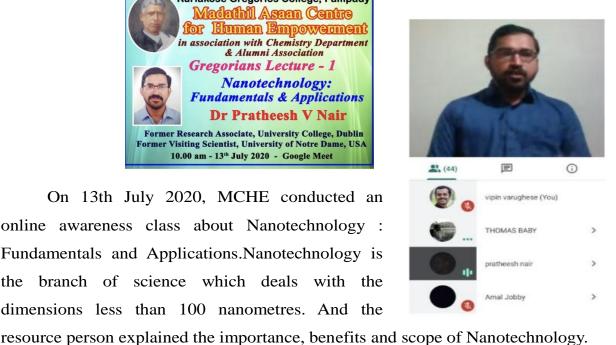
Name and designation of the resource person if any

: Dr. Pratheesh V Nair, is a former Research Associate, University college, Dublin former visiting scientist, University of Notre Dame, USA.

Туре	: Gregorian Lecture-1
Organizing agency	: MCHE
Date	: 13/07/2020
Beneficiaries	: Students
Brief report	:



On 13th July 2020, MCHE conducted an online awareness class about Nanotechnology : Fundamentals and Applications.Nanotechnology is the branch of science which deals with the dimensions less than 100 nanometres. And the







Title of the activity	: Travelogue : The Seven Wonders.
Nature of the activity	: Awareness
Name and designation of the resource person if any	
	: Mr.Bitta Kuruvilla, Travelling executive chef,
	Holland America line.
Туре	: Gregorian Lecture-2
Organizing agency	: MCHE
Date	: 27/09/2020
Beneficiaries	: Students
Brief report :	

On 27<sup>th</sup> September 2020 MCHE conducted an online awareness class about Travelogue : The Seven Wonders. The resource person explained about his travelling



experiences, the importance travelling and also explained about the seven wonders of the world.





Title of the activity	: Is Gandhian ideology still relevant ?
Nature of the activity	: Awareness
Name and designation of the resource person if any	
	: Dr. C. R. Harilakshmeendra Kumar,
	Assistant Professor, School of Gandhian thought
	and Development studies, MG University.
Туре	: Gregorian Lecture-3
Organizing agency	: MCHE
Date	: 02/10/2020
Beneficiaries	: Students
Brief report	: On 2nd October 2020 MCHE conducted an online

awareness class about Is Gandhian ideology is still relevant? During this session the resource person explained that Gandhian ideology is more relevant today than yesterday. He also added Gandhism was a tolerant of all religions.







Title of the activity	: The wild eye.	
Nature of the activity	: Awareness	
Name and designation of the resource person if any		
	: Sri. Bonny Mathew, Wild life photographer.	
Туре	: Gregorian Lecture-4	
Organizing agency	: MCHE	
Date	: 04/10/2020	
Beneficiaries	: Students	
Brief report :		

On 4<sup>th</sup> October 2020 MCHE conducted an online awareness class on the topic The Wild Eye. This session was based on Wildlife week 2020. The resource person explained about wild life photography and his experiences.







- Title of the activity: Shaping Yourself.Nature of the activity: AwarenessName and designation of the resource person if any :: Sri.Jijo J Joseph , Manage
  - : Sri.Jijo J Joseph , Managing Director, Himaharsham group.
  - : Gregorian Lecture-5
  - : MCHE
    - : 27/10/2020

Beneficiaries

Organizing agency

Type

Date

: Students



### Brief report

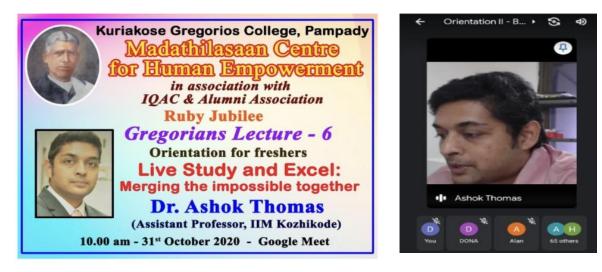
On 27<sup>th</sup> October 2020 MCHE conducted an online awareness class about Shaping yourself. It was an orientation class for freshers. It provides essential information about various carrier opportunities .

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Title of the activity	: Live Study and Excel : Merging the excel	
	together.	
Nature of the activity	: Awareness	
Name and designation of the resource person if any :		
	: Dr. Ashok Thomas,	
	Assistant Professor, IIM Kozhikode.	
Туре	: Gregorian Lecture-6	
Organizing agency	: MCHE	
Date	: 31/10/2020	
Beneficiaries	: Students	
Brief report	:	



On 30<sup>th</sup> October 2020 MCHE conducted an online awareness class about Live Study and Excel: Merging the Excel Together. It was an orientation class for freshers.





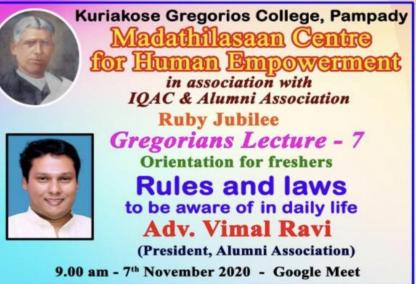
- Title of the activity
- Nature of the activity

## : Rules and Laws to be aware of in daily life.

- : Awareness
- Name and designation of the resource person if any
  - : Adv. Vimal Ravi,
    - President Alumni Association.
  - : Gregorian Lecture-7
  - : MCHE
  - : 07/11/2020 (09.00 am)
  - : Students

On 7<sup>th</sup> November 2020 MCHE conducted an online awareness class at 9 am about Rules and Laws to be aware of in daily life. Through this session the resource person explained about different types of rules





and laws and also explained about importance of obeying this.



Type Organizing agency Date **Beneficiaries** Brief report



Title of the activity	: Basic legal provisions in civil-criminal litigation.
Nature of the activity	: Awareness
Name and designation of the resource person if any :	
	: Ms.Smitha Susan Mathew,
	Judicial first class Magistrate X, Thiruvananthapuram.
Туре	: Gregorian Lecture-8
Organizing agency	: MCHE
Date	: 07/11/2020 (10.00 am)
Beneficiaries	: Students
Brief report :	

On 7<sup>th</sup> November 2020 MCHE conducted an online awareness class at 10 am about Basic legal provisions in civil-criminal litigation. The session explained about the difference between civil and criminal law.







Title of the activity	: Meet the Entrepreneur.
Nature of the activity	: Awareness
Name and designation of the resource person if any :	
	Ms. Farzana Shahas and Mr. Shahas Hassan,
	Proprietors, Taste trees - Payasakkada,
	Palarivattam, Kaloor stadium and Kadavanthra.
Туре	: Gregorian Lecture-9
Organizing agency	: MCHE
Date	: 19/11/2020
Beneficiaries	: Students
Brief report :	

On 19<sup>th</sup> November 2020 MCHE conducted an online awareness class about Meet the Entrepreneur. The resource persons briefed about their whole journey and also provided ideas for starting and executing a new start up.







Title of the activity	: Generation Equality: 10 Realizing Women's Rights
Nature of the activity	: Awareness
Name and designation of the resource person if any:	

	: Dr. Simmy M. Varkey Professor, INE (Institute of Nursing Education),
	SME,CPAS, Kottayam.
Туре	: GREAT- Gregorian Lecture 10
Organizing agency	: MCHE
Date	:26/11/2020
Beneficiaries	: Students

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**Brief Report** 

On 26th November 2020, MCHE in association with IQAC, Women's Cell, and Alumni Association conducted an online awareness class about gender equality and realizing Women's Rights, Women's rights are the rights and entitlements claimed for women and girls worldwide.





Title of the activity	: COVID-19 & Childcare
Nature of the activity	: Extension
Name and designation of the resource	ce person if any:
	Dr. Nidhimol B. Assistant Surgeon at Taluk
	Hospital in North Paravur, Ernakulam.
Туре	: GREAT- Gregorian Lecture 11
Organizing agency	: MCHE
Date	:13/12/2020
Beneficiaries	: Mothers of Anganvadi students in Pampady
	Block Panchayath

#### **Brief Report**

On 13th December 2020, MCHE in association with ICDS, Govt. of Kerala, UBA, NSS, and Alumni Association conducted an online awareness class about Covid 19 and child care. This was aimed towards mothers of young children in Pampady Block Panchayath.



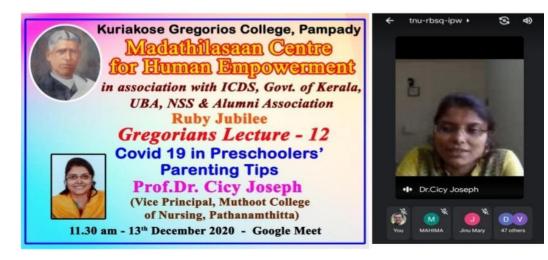


Title of the activity	: Covid 19 in Pre-schoolers' Parenting Tips
Nature of the activity	: Extension

Name and designation of the resource person if any:

	: Prof. Dr. Cicy Joseph Vice Principal, Muthoot college of Nursing, Pathanamthitta.
Туре	: GREAT- Gregorian Lecture 12
Organizing agency	: MCHE
Date	:13/12/2020
Beneficiaries	: Mothers of <i>Anganvadi</i> students in Pampady Block Panchayath
Brief Report	:

On 13th December 2020, MCHE in association with ICDS, Govt. of Kerala, UBA, NSS and Alumini association conducted an online awareness class about Covid 19 in Preschoolers' Parenting Tips. This class was held to help mothers by giving them tips on caring for their young children during COVID 19 pandemic.







Title of the activity	: Digital Marketing	
Nature of the activity	: Awareness	
Name and designation of the resource person if any:		
	: Mr. Georgey Benny, Proprietor, KVB online stores.	
Туре	: GREAT Gregorian Lecture 13	
Organizing agency	: MCHE	
Date	:12/1/2021	
Beneficiaries	: Students	
Brief Report	:	

On 12 January 2021, MCHE in association with IQAC offline organized an awareness class on Digital Marketing. Digital marketing, also called online marketing, promotion is the of brands to connect with



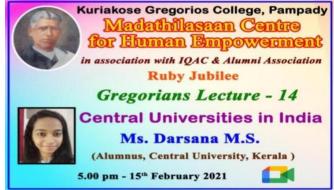
potential customers using the Internet and other forms of digital communication.





Title of the activity	: Central Universities in India
Nature of the activity	: Awareness
Name and designation of the resource person if any:	
	Ms. Darsana M.S.,
	Alumnus, Central University, Kerala

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Туре	: GREAT- Gregorian Lecture 14
Organizing agency	: MCHE
Date	:15/2/2021
Beneficiaries	: Students
Brief Report	:



On 15 February 2021, MCHE in association with IQAC and Alumni Association conducted an online awareness class on the Central Universities in India. Central universities in India are public universities established by an Act of Parliament and are under the purview of the Department of Higher Education.

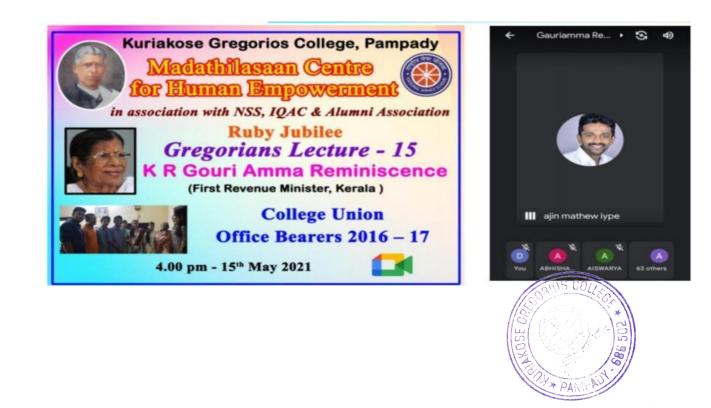






Title of the activity	: K R Gouri Amma Reminiscence
Nature of the activity	: Awareness
Name and designation of the resource person if any:	
	K R Gouri Amma
	First Revenue Minister of Kerala
Туре	: GREAT- Gregorian Lecture 15
Organizing agency	: MCHE
Date	: 15/5/2021
Beneficiaries	: Students
Brief Report:	

On 15 May 2021, MCHE in association with NSS, IQAC, and the Alumni Association had an offline reminiscence with K R Gouri Amma who was the first revenue minister of Kerala. She served as the Land Revenue or Social Welfare minister in 1957, 1967 (Namboodiripad), 1980, and 1987 (Nayanar) Kerala ministries. As the Revenue Minister in the first Kerala ministry, she famously piloted the Kerala Agrarian Relations Bill. K. R.





Title of the activity	: Prime Ministers Research Fellowship
Nature of the activity	: Awareness
Name and designation of the resource person if any:	
	: Mr. Ajai John Chemmanam The fellowship winner 2020 and Research scholar, Dept. of Electronics, CUSAT
Type: GREAT	: Rendezvous Lecture 1
Organizing agency	: MCHE
Date	: 16/11/2020
Beneficiaries	: Students
Brief Report :	

On 16 November 2020, MCHE in association with IQAC organized an online class on the topic of Prime Ministers Research fellowship. The Prime Minister's Research Fellows (PMRF) Scheme has been designed to improve the quality of research in various higher educational institutions in the country.







Title of the activity	: Common Admission Test (CAT)
Nature of the activity	: Awareness
Name and designation of the resource person if any:	
	: Mr. Millen Mathew John
	Alumnus, who got 99.91% in CAT 2020,
	TATA Institute of Social Science, Mumbai
Туре	: GREAT- Rendezvous Lecture 2
Organizing agency	: MCHE
Date	: 6/2/2021
Beneficiaries	: Students
Brief Report :	

On 6 February 2021, MCHE in association with IQAC organized an online class on the topic of Common Admission Test (CAT). The Common Admission Test (CAT) is a computer-based test for admission in graduate management programs.

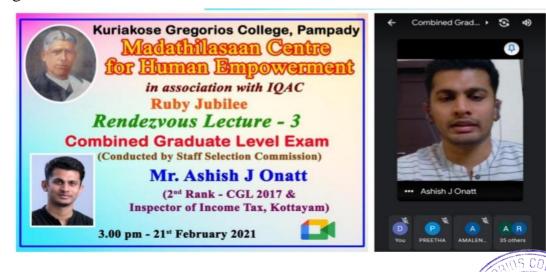






Title of the activity	: Combine Graduate Level Exam
Nature of the activity	: Awareness
Name and designation of the resource person if any	
	: Mr. Ashik J Onatt,
	2 <sup>nd</sup> Rank - CGL 2017 & Inspector of Income Tax, Kottayam.
Туре	: GREAT - Rendezvous Lecture 3
Organizing agency	: MCHE
Date	:21/2/2021
Beneficiaries	: Students
Brief Report :	

On 21 February 2021, MCHE in association with IQAC organized an online class on Combine Graduate Level Exam, Combined Graduate Level Examination (CGLExam or CGLE) is an examination conducted by the Staff Selection Commission to recruit Group B and C officers to various posts in top ministries, departments and organizations of the Government of India.



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Title of the activity	: Regional Trade Blocs
Nature of the activity	: Awareness
Name and designation of the resource person if any:	
	Sri .K .T. Chacko IAS, Rtd. Indian Administrative Service Officer, Former Director General of Foreign Trade and Former Vice Chancellor, IIFT, Delhi.
Туре	: GREAT-Erudite Lecture 2
Organizing agency	: MCHE
Date	:12/06/2020
Beneficiaries	: Students
Brief Report :	

On 12<sup>th</sup> June 2020 ,MCHE conducted an online awareness class about Regional Trade Blocs. Regional trade blocs are a group of countries that have formed a regional economic alliance in order to promote trade and economic cooperation within the region.







Title of the activity	: 15 years of RTI: A Retrospection	
Nature of the activity	: Awareness	
Name and designation of the resource person if any:		
	Sri. Vinson M Paul IPS 1984 batch IPS officer.	
Туре	: GREAT-Erudite Lecture 3	
Organizing agency	: MCHE	
Date	: 12/10/2020	
Beneficiaries	: Students	
Brief Report :		



citizen's most powerful tool to an Act on life support. Fifteen years after it came in to effect, promising a new era in transparency in government functioning, India's RTI, Act is dying a slow but certain death, with the executive letting go of no chance to hasten the process. On 12<sup>th</sup> October 2020, MCHE conducted an online awareness class about Right To Information. In 15 years , RTI has gone from Indian





Nature of the activity : Awareness

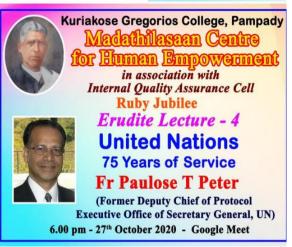
Name and designation of the resource person if any:

	: Fr. Paulose T Peter, Former Deputy Chief of protocol executive office of the Secretary General, United Nations.
Туре	: GREAT - Erudite Lecture 4
Organizing agency	: MCHE
Date	: 27/10/2020
Beneficiaries	: Students
Brief Report:	

On 27th October 2020, MCHE conducted



an online awareness class about Paulose T Peter's 75 years of service in UN. The UN is an inter governmental organization, whose stated



purposes are to maintain international peace and security,

develop friendly relations among nations, achieve international cooperation, and serve as a centre for harmonizing the actions of nations.





Title of the activity	: Decoding Auction Theory	
Nature of the activity	: Awareness	
Name and designation of the resource person if any:		
	Ms. Aswathy Rachel Varughese Economist Manager in Canara Bank, Bangalore. She is also a research scholar in Institute for social and economic change, Bangalore	
Туре	: GREAT-Erudite Lecture 5	
Organizing agency	: MCHE	
Date	:12/11/2020	
Beneficiaries	: Students	
Brief Report :		

On 12<sup>th</sup> November 2020, MCHE conducted an online awareness class about Decoding Auction Theory. Auction theory is an applied branch of economics which deals with how bidders act in auction markets and researches how the features of auction markets incentivise predictable outcomes. Paul R Milgrom and Robert B Wilson are contributed in decoding auction theory. They are Nobel Laureates of Economics 2020.





Title of the activity	: Goods & Service Tax
Nature of the activity	: Awareness
Name and designation of the resource	e person if any:
	: Sri. Abraham Renn S. IRS, Additional Commissioner of Kerala state goods and service tax department.
Туре	: GREAT-Erudite Lecture 6
Organizing agency	: MCHE
Date	:29/01/2021
Beneficiaries	: Students
Brief Report :	

On 29<sup>th</sup> January 2021, MCHE conducted an online awareness class about Goods & Service Tax. GST, or Goods and Services Tax, is an indirect tax imposed on the supply of goods and services. It is a multi-stage, destination-oriented tax imposed on every value addition, replacing multiple indirect taxes, including VAT, excise duty, service taxes, etc.

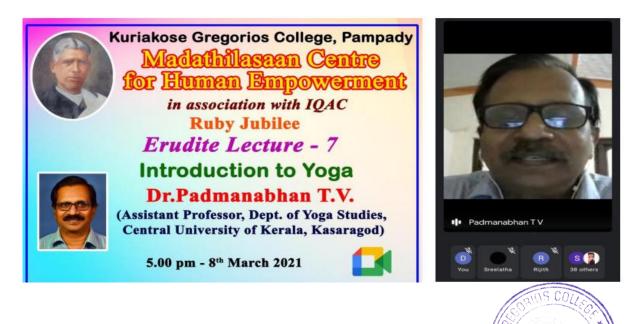






Title of the activity	: Introduction to Yoga	
Nature of the activity	: Awareness	
Name and designation of the resource person if any :		
	: Dr. Padmanabhan .T.V.,	
	Assistant Professor of Department of Yoga Studies Under Central University of Kerala Kasaragod.	
Туре	: GREAT-Erudite Lecture 7	
Organizing agency	: MCHE	
Date	:8/3/2021	
Beneficiaries	: Students	
Brief Report :		
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On 8<sup>th</sup> March 2021, MCHE conducted an online awareness class about Introduction to Yoga. Yoga is a group of physical, mental, and spiritual practices or disciplines which originated in ancient India and aim to control and still the mind, recognizing a detached witness-consciousness untouched by the mind.

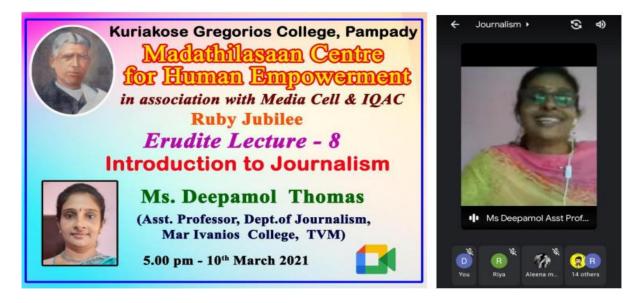


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Title of the activity	: Introduction to Journalism	
Nature of the activity	: Awareness	
Name and designation of the resource person if any :		
Туре	Ms. Deepamol Thomas, Assistant Professor, Department of Journalism Mar Ivanios College Trivandrum. : GREAT-Erudite Lecture 8	
Organizing agency	: MCHE	
Date	:10/3/2021	
Beneficiaries	: Students	
Brief Report :		

On 10<sup>th</sup> march 2021, MCHE conducted an online awareness class about Introduction to Journalism. Journalism is the production and distribution of reports on the interaction of events, facts, ideas, and people that are the "news of the day" and that informs society to at least some degree of accuracy.

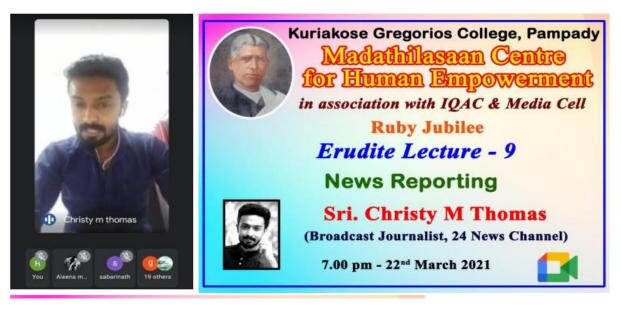






Title of the activity	: News Reporting
Nature of the activity	: Awareness
Name and designation of the re	source person if any:
	Sri. Christy M Thomas, Broadcast Journalist in 24 news channel.
Туре	: GREAT-Erudite Lecture 9
Organizing agency	: MCHE
Date	:22/3/2021
Beneficiaries	: Students
Brief Report :	

On 22 <sup>nd</sup> March 2021, MCHE conducted an online awareness class about News Reporting. News reports are found in newspapers and their purpose is to inform readers of what is happening in the world around them. News reports have a certain structure that you need to follow. This structure is sometimes called the Inverted Pyramid.

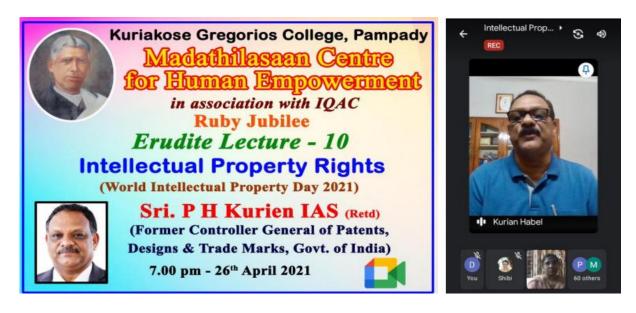






Title of the activity	: Intellectual Property Rights
Nature of the activity	: Awareness
Name and designation of the resource	e person if any:
	: Sri. P H Kurien IAS
	Former Controller General of Patents, Designs And Trademark, Government of India
Туре	: GREAT-Erudite Lecture 10
Organizing agency	: MCHE
Date	: 26/4/2021
Beneficiaries	: Students
Brief Report :	

On 26<sup>th</sup> April 2021, MCHE conducted an online awareness class about Intellectual Property Rights. Intellectual property rights (IPR) refers to the legal rights given to the inventor or creator to protect his invention or creation for a certain period of time.



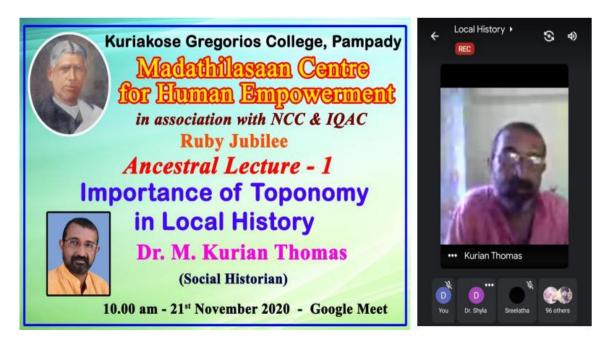




Title of the activity	: Importance of Toponomy in Local History	
Nature of the activity	: Awareness	
Name and designation of the resource person if any:		
Туре	Dr .M. Kurian Thomas, Social Historian. : GREAT - Ancestral Lecture-1	
Organizing agency	: MCHE	
Date	:21/11/2020	
Beneficiaries	: Students	

Brief Report

On 21<sup>st</sup> November 2020, MCHE conducted an online awareness class about Importance of Toponomy in Local History. Toponymy, is the study of toponyms (proper names of places, also known as place names and geographic names), including their origins, meanings, usage and types.



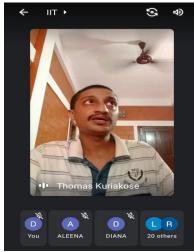




Title of the activity	: Indian Institute of Technology	
Nature of the activity	: Awareness	
Name and designation of the resource person if any:		
	Mr. M. Thomas Kuriakose, Alumnus, IIT Guwahati & TISS Mumbai	
Туре	: Ancestral Lecture 2	
Organizing agency	: MCHE	
Date	: 19 <sup>th</sup> April 2020	
Beneficiaries	: Students	
Brief Report :		

On 19<sup>th</sup> April 2021, MCHE conducted an online awareness class on IITs. The Indian Institute of Technology are institutes located across India. They are under the ownership of the Ministry of Education of the GovernmentOf India and are governed by the Institutes of Technology Act, 1961.









Title of the activity	: Social Media Marketing
Nature of the activity	: Awareness
Name and designation of the resource	e person if any:
	Sri. Ebbin Jose, Vlogger, Food N Travel with
	45 million subscribers.
Туре	: GREAT- Tutelage Lecture 1
Organizing agency	: MCHE
Date	: 12 December 2020
Beneficiaries	: Students
Brief Report : On 12 December	er 2021, MCHE conducted an online awareness

class on Social Media Marketing. Social media marketing is the use of social media platforms and websites to promote a product or service.







Title of the activity	: Christmas Wreath Making	
Nature of the activity	: Awareness	
Name and designation of the resource person if any:		
	: Ms. Seeliya Bastin, Christmas Wreath Maker	
Туре	: GREAT- Tutelage Lecture 2	
Organizing agency	: MCHE	
Date	: 18 December 2020	
Beneficiaries	: Students	
Brief Report :		

On 18 December 2021, MCHE conducted an online awareness class on making Christmas wreaths.







Title of the activity	: World Food Programme
Nature of the activity	: Awareness
Name and designation of the	resource person if any:
	Capt. George Joseph Vathappally, Former Captain, World Food Programme.
Туре	: GREAT- Tutelage Lecture 3
Organizing agency	: MCHE
Date	: 5 January 2021
Beneficiaries	: Students
Brief Report :	

On 5<sup>th</sup> January 2021, MCHE conducted an online awareness class on the World Food Programme. The World Food Programme (WFP) is an international organization within the United Nations that provides food assistance worldwide.







Title of the activity	: National Voter's Day
Nature of the activity	: Awareness
Name and designation of the resource person if any:	
	Sri. Roy P Thomas IFS (Retd), State Election Commissioner, Puducherry
Туре	: GREAT- Tutelage Lecture 4
Organizing agency	: MCHE
Date	: 25 January 2021
Beneficiaries	: Students
Brief Report :	

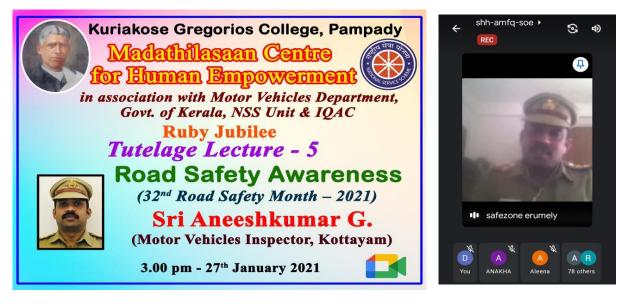
On 25<sup>th</sup> January 2021, MCHE conducted an online awareness class on National Voter's Day. To encourage more young voters to take part in the political process, the Government of India has decided to celebrate January 25 every year as "National Voters' Day". It was started on 25 January 2011 to mark the foundation day of the Election Commission of India.





Title of the activity	: Road Safety Awareness
Nature of the activity	: Awareness
Name and designation of the resource perso	on if any:
	: Sri. Aneeshkumar G, Motor Vehicle Inspector, Kottayam
Туре	: GREAT- Tutelage Lecture 5
Organizing agency	: MCHE
Date	: 27 January 2021
Beneficiaries	: Students
Brief Report:	
On 27 <sup>th</sup> January 2021 MCHE cond	hucted an online awareness class on R

On 27<sup>th</sup> January 2021, MCHE conducted an online awareness class on Road Safety Awareness. Road safety teaches how to conduct themselves while driving or crossing roads.







Title of the activity	: Role of Women in Social Upliftment
Nature of the activity	: Awareness
Name and designation of the resource	e person if any:
	Dr M S Sunil, Winner, Nari Shakti Puraskar 2017, Ministry of Women and Child Development, Government of India
Туре	: GREAT- Tutelage Lecture 6
Organizing agency	: MCHE
Date	: 8 <sup>th</sup> March 2021
Beneficiaries	: Students
Brief Report :	

On 8<sup>th</sup> March 2021, MCHE conducted an online awareness class on the Role of Women in Social Upliftment.

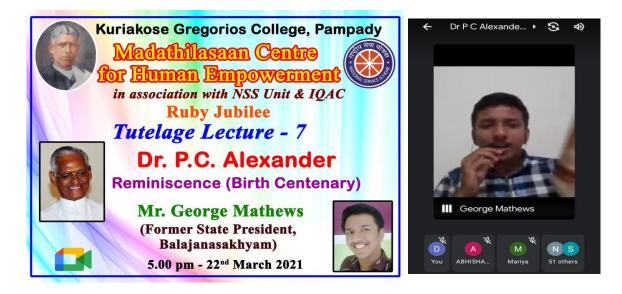






Title of the activity	: Dr P. C. Alexander (Birth Centenary)
Nature of the activity	: Awareness
Name and designation of the resource person if any:	
	Mr. George Mathews, Former State President, Balajanasakhyam
Туре	: GREAT- Tutelage Lecture 7
Organizing agency	: MCHE
Date	: 22 <sup>nd</sup> March 2021
Beneficiaries	: Students
Brief Report :	

On  $22^{nd}$  March 2021, MCHE conducted an online awareness class on the Dr P. C. Alexander. P.C. Alexander (20 March 1921 – 10 August 2011) was an Indian Administrative Service officer of 1948 batch who served as the Governor of Tamil Nadu from 1988 to 1990 and as the Governor of Maharashtra from 1993 to 2002.







Title of the activity	: Legislative Bodies in Kerala	
Nature of the activity	: Awareness	
Name and designation of the resource person if any:		
	Mr. Verghis John Thottappuzha, Chief Researcher, Editorial, Malayala Manorama	
Туре	: GREAT- Tutelage Lecture 8	
Organizing agency	: MCHE	
Date	: 30 <sup>th</sup> March 2021	
Beneficiaries	: Students	
Brief Report :		

On 30<sup>th</sup> March 2021, MCHE conducted an online awareness class on the Legislative Bodies in Kerala. The present Kerala Legislative Assembly consists of 140 elected members and one member nominated by the Governor from the Anglo-Indian community.



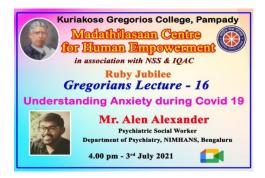




#### **ACTIVITY REGISTER 2021-2022**

Title of the activity	: Understanding Anxiety during Covid 19.	
Nature of the activity	: Awareness	
Name and designation of the resource person if any		
	: Mr.Alen Alexander, Psychiartric Social Worker, Department of Psychiartry, NIMHANS, Bengaluru.	
Туре	: Gregorians Lecture-16	
Organizing agency	: MCHE	
Date	: 03/07/2021	
Beneficiaries	: Students	
Brief report :		

On 3<sup>rd</sup> July 2021 MCHE conducted an online awareness class about Understanding Anxiety during Covid 19. During Covid 19 the entire world suffers from stress, anxiety, depression and insomnia. This session well explained about this trauma and also briefed about how to overcome this situation.







Title of the activity	: Bee engaged : Build Back Better for Bees.
Nature of the activity	: Awareness
Name and designation of the resource person if any :	
	Mr. Riyas Ibn Musthafa, CEO, The Honey World, 2 <sup>nd</sup> M.Sc. Physics.
Туре	: Gregorians Lecture-17
Organizing agency	: MCHE
Date	: 20/05/2022
Beneficiaries	: Students
Brief report :	

On 20<sup>th</sup> May 2022 MCHE conducted an online class awareness class about Bee engaged : Build Back Better for Bees. The session was based on World Bee Day. Bees are keystone species. Inn nature many animals depends on Bees for their survival. And also Bees are very important for plant pollination.

YouTube Link:

Part1: <u>https://youtu.be/0gb19a7Ajwc?si=iNYdb4cLcbkQ8gnq</u> Part2: <u>https://youtu.be/z17mDhY1Za4?si=QIdFHYpwXtXqf1Qm</u>







Title of the activity	: Civil Service Examination.	
Nature of the activity	: Extension.	
Name and designation of the resource person if any		
	: Mr.Reno Kurien, CSE 2019 Rank holder.	
Туре	: Rendezvous Lecture-4	
Organizing agency	: MCHE	
Date	: 18/07/2021	
Beneficiaries	: Students of Kottayam District	
Brief report :		

On 18<sup>th</sup> July 2021 MCHE conducted an online class about Civil service examination. The Civil Service examination is a National competitive examination in India conducted by Union Public Service Commission for recruitment to higher Civil Services of the Government of India. The session briefed about the different categories in this exam and also provided tips and ideas to crack this exam. Around 200 High school and Higher Secondary students from Kottayam district participated in this class.

YouTube Link: <u>https://www.youtube.com/live/MA-</u> <u>WAj6Pfhc?si=aEeyA0ZChTZFaGZb</u>







Title of the activity	: Indigenous Mango varieties of Kerala.
Nature of the activity	: Extension.
Name and designation of the resource person if any:	
	Mr.Sakhil Thaiyil Raveendran, Co-ordinator, IMCP.
Туре	: Tutelage Lecture-9
Organizing agency	: MCHE
Date	: 27/06/2021
Beneficiaries	: Students and Local Public
Brief report :	

On 27<sup>th</sup> June 2021 MCHE conducted an online class about Indigenous Mango varieties of Kerala. Though Kerala boasts of a wide range of indigenous mango varieties, many of them are on the verge of extinction. Session explained about the different varieties mangoes in Kerala. Both students and local public participated in this class.

YouTube Link: https://www.youtube.com/live/JQ9MslvIq9A?si=6zXcZBj\_oVim1jJ-

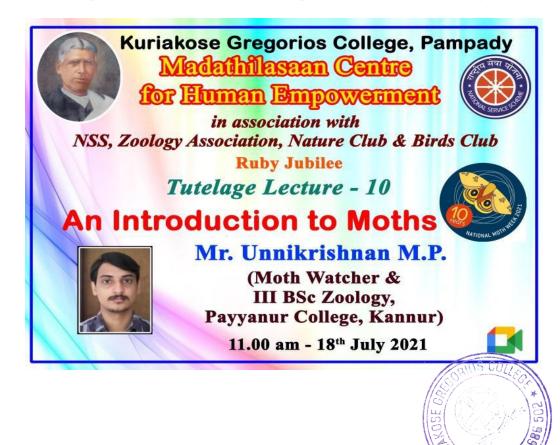




Title of the activity	: An introduction to Moths.	
Nature of the activity	: Awareness	
Name and designation of the resource person if any		
	: Mr.Unnikrishnan M P, is a Moth Watcher and 3 <sup>rd</sup> BSc Zoology, Payyanur college, Kannur.	
Туре	: Tutelage Lecture-10	
Organizing agency	: MCHE	
Date	: 18/07/2021	
Beneficiaries	: Students	
Brief report :		

On 18 July 2021 MCHE conducted an online class about An Introduction to Moths. Moths are very important to ecosystem and they play a vital role in food webs. Moths are also important Pollinators.

YouTube Link: https://www.youtube.com/live/spJ0tfJ-\_-U?si=APkf5i46gP3ARrQx





Title of the activity	: Karkitaka Thoughts.	
Nature of the activity	: Awareness	
Name and designation of the resource person if any :		
	Mr.T.P.Premkumar, Director, Nattarivu	
	Patana Kalari Moozhikkulam Sala.	
Туре	: Tutelage Lecture-11	
Organizing agency	: MCHE	
Date	: 25/07/2021	
Beneficiaries	: Students	
Brief report :		

On 25 July 2021 MCHE conducted an online class about Karkitaka thoughts. Ayurveda considers Karkidaka the most favourable time for treatments and therapeutic health care routines.

YouTube Link: <u>https://youtu.be/Pr-6MyNbc3M?si=13A5QXuAraQdJh1b</u>







Title of the activity	: Message of Ramayana.
Nature of the activity	: Awareness
Name and designation of the resource person if any :	
	: Dr. P V Viswanathan Nampoothiri, Former Head, Department of Sanskrit, Baselius College, Kottayam.
Туре	: Tutelage Lecture-12
Organizing agency	: MCHE
Date	: 04/08/2021
Beneficiaries	: Students
Brief report :	

On 4<sup>th</sup> August 2021 MCHE conducted an online class about the Message of Ramayana. The Ramayana is a Sanskrit epic from ancient India, one of the two important epics of Hinduism. The session briefed about the theme and message of Ramayana.

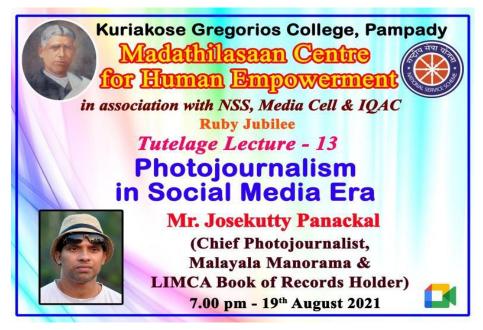




Title of the activity	: Photojournalism in Social Media Era.
Nature of the activity	: Extension
Name and designation of the resource person if any :	
	: Mr. Josekutty Panackal, Chief Photojournalist- Malayala Manorama LIMCA Book of Records holder.
Туре	: Tutelage Lecture-13
Organizing agency	: MCHE
Date	: 19/08/2021
Beneficiaries	: College Students of Kottayam Jilla
Brief report :	

On 19<sup>th</sup> August 2021 MCHE conducted an online class about Photojournalism in Social media era. Photojournalism which is one of the most important branches of journalism exposes the reality through raw and non-biased photographs. This class was attended by college students in the Kottayam District.

You Tube Link: <u>https://www.youtube.com/live/3kR2VUzqKCI?si=CJmypJgW88RZZ2WZ</u>







Title of the activity	: Wild Life experiences.
Nature of the activity	: Awareness
Name and designation of the re	esource person if any :
	: Dr. Aparna Purushothaman, Wildlife Photographer.
Туре	: Tutelage Lecture-14
Organizing agency	: MCHE
Date	: 05/10/2021
Beneficiaries	: Students
Brief report :	

On 5<sup>th</sup> October 2021 MCHE conducted an online class about Wildlife Experiences. The resource person explained about her photography life and wildlife experiences.







Title of the activity	: Indian Policy and Constitution.
Nature of the activity	: Extension
Name and designation of the resource	e person if any : None
Туре	: Bharatheeyam – National Level E Quiz
Organizing agency	: MCHE
Date	: 2021
Beneficiaries	: Students
Brief report :	

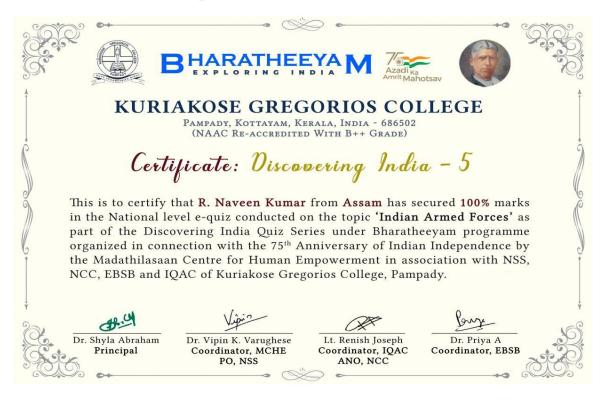
MCHE conducted a National level E Quiz based on the topic Indian Policy and Constitution as a part of Discovering India Quiz series in connection with the 75<sup>th</sup> Anniversary of Indian Independence.

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This is to certify the National let <b>Constitution'</b> a Bharatheeyam pr of Indian Indepen	that Supriya R from M vel e-quiz conducted s part of the Disc ogramme organized in idence by the Madathila th NSS, NCC, EBSB and	aharashtra has sec on the topic 'In covering India Qu connection with th saan Centre for Hun	ured <b>87%</b> marks in Idian Polity and uiz Series under Ie 75 <sup>th</sup> Anniversary man Empowerment	
Dr. Shyla Abraham Principal	Dr. Vipin K. Varughese Coordinator, MCHE PO, NSS	Lt. Renish Joseph Coordinator, IQAC ANO, NCC	Dr. Priya A Coordinator, EBSB	
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Title of the activity	: Indian Armed Forces.
Nature of the activity	: Extension
Name and designation of the resource person	n if any : None
Туре	: Bharatheeyam – National Level E Quiz
Organizing agency	: MCHE
Date	: 2021
Beneficiaries	: Students
Brief report :	

MCHE conducted a National level E Quiz based on the topic Indian Armed Forces as a part of Discovering India Quiz series in connection with the 75<sup>th</sup> Anniversary of Indian Independence.





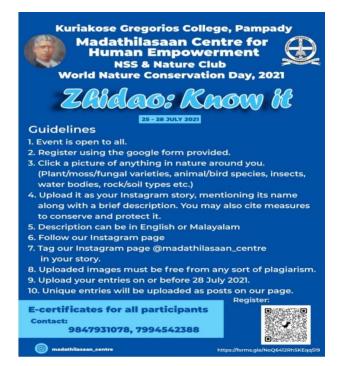


Title of the activity	: World Nature Conservation Day Zhidao: Know it
Nature of the activity	: Extension
Name and designation of the re-	esource person if any: None
Туре	: Zhidao: Know it
Organizing agency	: MCHE
Date	: 25/07/2021 - 28/07/2021
Beneficiaries	: Students

Brief Report

:

On 25th July 2021, MCHE in association with NSS and Nature Club organized an event Zhidao: Know It where students could upload anything in nature around them as their Instagram story and mention its name and give a brief description about it as well as measures on how to conserve and protect it.







Title of the activity

# : Inauguration of Bharatheeyam

Nature of the activity: Awareness

Name and designation of the resource person if any:

Inauguration: Justice Dr. K G Balakrishnan (Former Chief Justice of India & Former Chairman, NHRC)

Presidential Address: H.G. Dr. Yuhanon Mar Diascoros Metropolitan (Secretary. Episcopal Synod. Malankara Orthodox Church

Type: Bharatheeyam

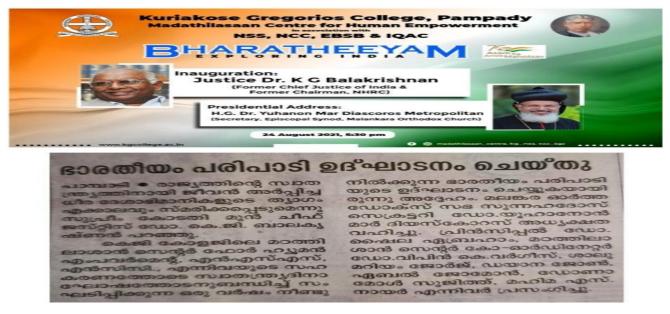
Organizing agency: MCHE

Date:24/04/2021

Beneficiaries: Students

Brief Report: On 24th April 2021, MCHE in association with NSS, NCC, EBSB & IQAC organized an Inauguration for the Bharatheeyam program.

YouTube Link: <u>https://www.youtube.com/live/\_tEx1h11Aus?si=sdmxN4sdS3o5juDP</u>



Title of the activity: Border Guarding Experience in Kashmir Nature of the activity: Awareness Name and designation of the resource person if any: Ms. Athira K Pillai Rifle Woman, Assam Rifles Only Keralite Woman Guarding the Border Type: Bharatheeyam icon1



Organizing agency: MCHE

Date:25/08/2021

**Beneficiaries: Students** 

Brief Report: On 25th August 2021 MCHE in association with IQAC, NSS, EBSB, and NCC invited Ms. Athira K Pillai Rifle Woman, Assam Rifles Only Keralite Woman Guarding the Border shares her Border Guarding Experience in Kashmir.

YouTube Link: https://www.youtube.com/live/trMsBWzhX50?si=ry7MlcNkDWrOyu3F



Title of the activity: Reminiscing Freedom movement

Nature of the activity: Awareness

Name and designation of the resource person if any:

Sri. MK Ravindran a freedom fighter

Type: Bharatheeyam icon 2

Organizing agency: MCHE

Date:27/08/2021

**Beneficiaries: Students** 





Brief Report: On 27th August 2021 MCHE in association with IQAC, NSS, EBSB, and NCC invited Sri. MK Ravindran a freedom fighter to share his experiences and reminisce the the freedom movement.

YouTube Link: <u>https://youtu.be/fHdEIM9TloA?si=dEQpvEdXIdWc2Xvv</u>



Title of the activity: Interaction with OlympianNb/Sub Jinson Johnson

Nature of the activity: Awareness

Name and designation of the resource person if any:

Presidential Address: Dr. Binu George Varghese (Director, SPESS, MCU)

Keynote Speaker: Nb/Sub Jinson Johnson Asian Games Gold Medalist& Olympian

Type: Bharatheeyam icon 3

Organizing agency: MCHE

Date:29/08/2021

**Beneficiaries: Students** 

Brief Report: On 29th August 2021 MCHE in association with IQAC, NSS, EBSB and NCC school of physical education and sprts sciences & Centre for Yoga and





Naturopathy, MC University, Kottayam invited Dr. Binu George Varghese as the Presidential addressee and Nb/Sub Jinson Johnson as the key note speaker.

# YouTube Link:

https://www.youtube.com/live/OJuwdzVzLqA?si=yVRs1P0VFkZSiKSp



Title of the activity: NokkuvidyaPavakali

Nature of the activity: Cultural

Name and designation of the resource person if any:

Smt. Moozhikkal Pankajakshi Padma Shri Awardee

Type: Bharatheeyam icon 4

Organizing agency: MCHE

Date:5/09/2021

**Beneficiaries: Students** 

Brief Report: On 5th September 2021 MCHE in association with NSS, NCC, EBSB, HERITAGE CLUB & IQAC invites Smt. Moozhikkal Pankajakshi Padma Shri Awardee. Moozhikkal Pankajakshi is an expert in Nokkuvidyapavakali a form of puppetry. She was awarded India's fourth highest civilian award the Padma Shri in 2020, to talk about NokkuvidyaPavakali.

\* PAN

YouTube Link: https://youtu.be/rh2cW6sFmgQ?si=bgfqMCyxGvQXqnsk



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	NOKKUVIDYA PAVAKALI
	Cost Maashikkal Dankalakahi
	Smt. Moozhikkal Pankajakshi Padma Shri Awardee

Title of the activity: North-Eastern States

Nature of the activity: Awareness

Name and designation of the resource person if any: Sri. V.B. PYARELAL, IAS (Retd) (Chief Commissioner, Assam Employees Parent Responsibility Commission)

Type: Bharatheeyam - Unity in Diversity 1

Organizing agency: MCHE

Date:4/09/2021

**Beneficiaries: Students** 

Brief Report: On 4th September 2021 MCHE in association with NSS, NCC, EBSB & IQAC invited Sri. V.B. PYARELAL, IAS (Retd) Chief Commissioner, Assam Employees Parent Responsibility Commission to talk about and enlighten the students about the North-Eastern States of India Manipur, Mizoram, Assam, Arunachal Pradesh, Meghalaya, Nagaland, and Tripura these states are also fondly referred to as the 7 sister states.

YouTube Link: https://youtu.be/qFNLuI1pu64?si=gdJ8HjZjNX-zgtuu







Title of the activity: Gujarat

Nature of the activity: Awareness

Name and designation of the resource person if any: Sri. JENU DEVAN, IAS Managing Director and Commissioner of Tourism, Gujarat

Type: Bharatheeyam - Unity in Diversity 2

Organizing agency: MCHE

Date:12/09/2021

**Beneficiaries: Students** 

Brief Report: On 12th September 2021 MCHE in association with NSS, NCC, EBSB & IQAC invited Sri. Jenu Devan, IAS the managing Director and Commissioner of Tourism of Gujrat to speak about Gujrat well-known for its cuisine, traditional clothing, and natural landscape, Asiatic lions, the Rann of Kutch- White Desert, festivals, culture, and colorful handicrafts.

YouTube Link: <u>https://youtu.be/WZpzVBiFuL8?si=pDG7wShnkKPNzjIW</u>







Title of the activity: Indian Agriculture: Trials and Triumphs

Nature of the activity: Awareness

Name and designation of the resource person if any: Prof. Dr. Philip Sabu, Former Director, MBA Agribusiness Management, Kerala Agricultural University, Thrissur Professional Director, ESAF Multi-State Agro Cooperative Society

Type: Bharatheeyam - Vikas Darshan 1

Organizing agency: MCHE

Date:18/09/2021

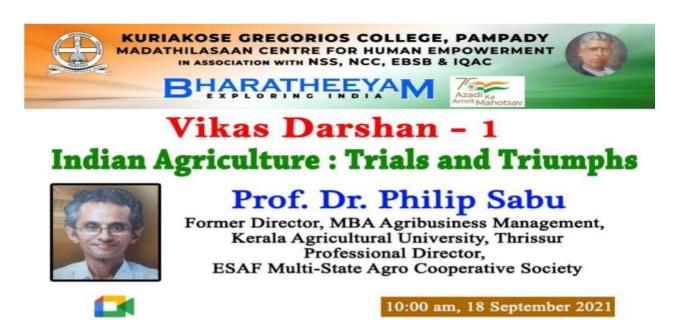
Beneficiaries: Students

Brief Report: On 18th September 2021 MCHE in association with NSS, NCC, EBSB & IQAC invited Prof. Dr. Philip Sabu to talk on the topic Indian Agriculture: Trials and Triumphs.

YouTube Link: <u>https://youtu.be/zZ2b681zsgU?si=zO6Vwv6KYIsnr--y</u>







Title of the activity: Indian Cinema

Nature of the activity: Extension

Name and designation of the resource person if any: none

Type: Bharatheeyam-National Level E Quiz

Organizing agency: MCHE

Date:2021

**Beneficiaries: Students** 

Brief Report: MCHE conducted a national level e quiz based on the topic Indian Cinema as part of Discovering India Quiz Series in connection with the 75<sup>th</sup> Anniversary of Indian Independence.





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Title of the activity: Indian Economy

Nature of the activity: Extension

Name and designation of the resource person if any:none

Type: Bharatheeyam-National Level E Quiz

Organizing agency: MCHE

Date:2021

**Beneficiaries: Students** 

Brief Report: MCHE conducted a national level e quiz based on the topic Indian Economy as part of Discovering India Quiz Series in connection with the 75<sup>th</sup> Anniversary of Indian Independence.



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	National level e-c Discovering India connection with Madathilasaan Ce	hat <b>Anu sonkar</b> of <b>Utta</b> juiz conducted on the Quiz Series under the the seventy-fifth anniv ntre for Human Empore of Kuriakose Gregorios C	topic 'Indian Econo e Bharatheeyam prog versary of Indian In werment in association	omy' as part of the gramme organized in independence by the
	National level e-c Discovering India connection with Madathilasaan Ce	uiz conducted on the Quiz Series under the the seventy-fifth anniv ntre for Human Empor	topic 'Indian Econo e Bharatheeyam prog versary of Indian In werment in association	omy' as part of the gramme organized in independence by the
	National level e-c Discovering India connection with Madathilasaan Ce	uiz conducted on the Quiz Series under the the seventy-fifth anniv ntre for Human Empor	topic 'Indian Econo e Bharatheeyam prog versary of Indian In werment in association	omy' as part of the gramme organized in independence by the

Title of the activity: Subhas Chandra Bose, Bina Das

Nature of the activity: Awareness

Name and designation of the resource person if any:

Ms. Aparna .P.R.,2<sup>nd</sup> year BSC Physics student.

Type: Bharatheeyam-Yoddha-1

Organizing agency: MCHE

Date:5/9/2021

**Beneficiaries: Students** 

Brief Report: On 5<sup>th</sup> September 2021 ,MCHE conducted an online awareness class about great personalities such as Subhas Chandra Bose & Bina Das. Subhas Chandra Bose was an Indian Nationalist whose defiance of British authority in India made him a hero among many Indians, but his war time alliances with Nazi Germany and Imperial Japan left a legacy vexed by authoritarianism, anti-semitism, and military failure.Bina Das was an Indian revolutionary and nationalist from west Bengal.





YouTube Link: https://youtu.be/6MCr41NB2KE?si=LTAmHVKVYfye5Yu4

Title of the activity: K. Kelappan, Accamma Cherian,

A.V. Kuttimalu Amma

Nature of the activity: Awareness

Name and designation of the resource person if any:

Ms. Shilpa S Nair,2<sup>nd</sup> year BSc Physics student.

Type: Kerala kesari-1

Organizing agency: MCHE

Date:5/9/2021

**Beneficiaries: Students** 

Brief Report: On 5<sup>th</sup> September 2021 ,MCHE conducted an online awareness class about great personalities such as K. Kelappan, Accamma Cherian, A.V. Kuttimalu Amma. K. Kelappan was an Indian politician, independence activist, educationist and journalist. During the Indian Independence movement, he was the lead figure of Indian National Congress in Kerala and was popularly known as Kerala Gandhi. Accamma Cherian was an Indian independence activist from Travancore(Kerala) ,India. A. V. Kuttimalu Amma was a freedom fighter, social worker and politician in India.

YouTube Link: https://youtu.be/\_IwKgcY9JCE?si=g1pMT253mUjeXnS6





Title of the activity: Photography & Reel Competition

Nature of the activity: Extension

Name and designation of the resource person if any: NIL.

Type: Bharatheeyam

Organizing agency: MCHE

Date:5/10/2021

**Beneficiaries: Students** 

Brief Report: On 5<sup>th</sup>october2021 ,MCHE conducted a photography & reel competition. The theme of the competition is TOURISM PRODUCTS OF INDIA.







<image/> <image/> <image/> <section-header><section-header><section-header><section-header><text></text></section-header></section-header></section-header></section-header>	<ul> <li>Theme: TOURISM PRODUCTS OF INDIA</li> <li>Open to all Indian nationals.</li> <li>Follow our Instagram page (@madathilasaan_centre)</li> <li>Only one entry is accepted from each participant.</li> <li>Participants can either send: <ul> <li>an Instagram Reel video less than 1 minute or</li> <li>a self-clicked picture with suitable description in not exceeding 100 words</li> <li>showcasing a tourism product of India (culture, art, tourist destinations, architecture, food, festivals, sporting events, unique products, health etc.)</li> </ul> </li> </ul>
	<ul> <li>* Participants may use any Indian language of their choice.</li> <li>* Both reels and pictures will be evaluated based on the number of likes gathered between 6 to 15 October 2021.</li> </ul>
PHOTOGRAPHY	<ul> <li>Only the entries that qualify the primary screen- ing will be uploaded on Instagram.</li> </ul>
& REELS	<ul> <li>Depending on its size, send entries on either Telegram or WhatsApp to +91 9562261617.</li> </ul>
<u>COMPETITION</u> 1 <sup>st</sup> PRIZE: ₹1000/-	<ul> <li>Deadline for submission of entries is</li> <li>5 October 2021.</li> </ul>
2 <sup>nd</sup> PRIZE: ₹500/-	* In case of queries, contact: +91 7994542388 (Hindi) +91 9562261617 (English, Malayalam)
MANGLISH WORLD DOLLINE ACADEMY A LIFETIME CONTIDENCE STARTS HERE! ONLINE ACE TO FACE INTERACTIVE CLASSED	6000

Title of the activity: 153<sup>rd</sup> Birthday of Father of the Nation

Nature of the activity: Awareness

Name and designation of the resource person if any:

Prof. Ananta Kumar Giri, Madras Institute of Development Studies

Type: Bharatheeyam

Organizing agency: MCHE

Date:2/10/2021

**Beneficiaries: Students** 

Brief Report: On 2 ndoctober2021, we celebrate the 153<sup>rd</sup> birthday of our father of nation-Gandhi Jayanti. MCHE conducted an online awareness class about the great personality Mahatma Gandhi.Gandhi Jayanti is marked by prayer services and tributes all over India, including at Gandhi's memorial, Raj Ghat, in New Delhi where he was cremated.





### YouTube Link: <u>https://youtu.be/CkjnZxUVunc?si=z-S3A6Mu0xWT0x4U</u>



#### **UOUUUSEUU**(II) പാബാജി എച്ചാജി സർവകലാ താലം സ്കൂൾ ഓഫ് ഗാന്ധിയൻ സ്റ്റെഡ്സ് ആം ഹ് മല്പാകിയെറ്റ് പ്രേസ് ന്യാം ഹ് മല്പാകിയെറ്റ് ചേർന്ന് നടത്തിയ ഗാന്ധി ജയത്തി സമ്മേളനം എം.ജി സർവകലാ ശാല പ്രോ വൈസ് ചാൻസലർ പ്രഹ. സി.ടി.അവിന്തകുമാർ ഉദ്ഘാടനം ചെയ്തു. സിൻഡി കേറ്റ് അംഗം റജി സമാറിയ അധ്യ ക്ഷത വഹിച്ചു. മുദാസ് ഇന്റസി സ് പ്രഫസർ ഡോ.അനനാകുമാർ ഗിരി. ഡോ. ബിജു ലക്ഷ്മൺ, ഡോ. കൈല മുബാഹം, ഡോ. സംബ്ലി പൈക്ട എന്നിവർ പ്രസം ഗിച്ചു.





Title of the activity: Cleaning Program

Nature of the activity: Extension

Name and designation of the resource person if any: NIL

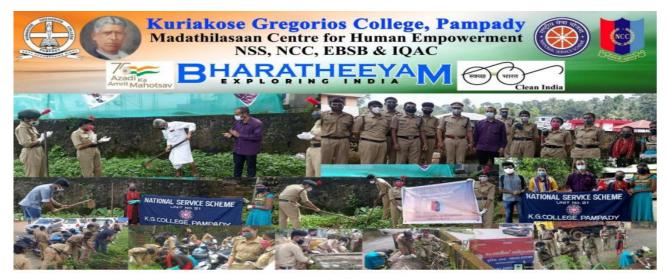
Type: Bharatheeyam

Organizing agency: MCHE

Date:2021

**Beneficiaries: NIL** 

Brief Report: MCHE conducted a cleaning program as a part of CLEAN INDIA PROGRAM.



പോമ്പാടി കെ.ജി.കോളജിൽ ക്ലീൻ ഇന്ത്യ പരിപാടിക്ക് കെ.ജി. കോളജിൽ തുടക്കമായി. എൻഎ സ്എസ്, എൻസിസി യൂണിറ്റുക ളുടെ നേതൃത്വത്തിൽ ശുചീക രണ പ്രവർത്തനങ്ങൾ നടത്തി. പഞ്ചായത്ത് വൈസ് പ്രസിഡന്റ് പി. ഹരികുമാറും പൊലീസ് സ്റ്റേ ഷനിൽ എസ്എച്ച്ഒ. യു.ശ്രീജി ത്തും ഉദ്ഘാടനം ചെയ്തു. എൻ എസ്എസ് പ്രോഗ്രാം ഓഫീസർ മരായ ഡോ. വിപിൻ കെ. വർഗീ സ്പ്രപം.അർച്ചന കർത്തം, എൻ സിസി ഓഫീസർ ലെഫ്.റെനീഷ് ജോസഫ് എന്നിവർ നേതൃത്വം നൽകി.





Title of the activity: Madhya Pradesh & Chhattisgarh

Nature of the activity: Awareness

Name and designation of the resource person if any:

Sri. K.T. Chacko IAS, he joined the IAS as a trainee in 1973. As an officer of the Indian Administrative Service he served for over 33 years in executive, secretarial and policy making assignments.

Type: Bharatheeyam-Unity in diversity-3

Organizing agency: MCHE

Date:23/10/2021

Beneficiaries: Students

Brief Report: On 22rd october2021 ,MCHE conducted an online awareness class about the diversity of places Madhya Pradesh & Chhattisgarh.Under British rule the present region of Chhattisgarh consisted of a division comprising 14 feudatory princely kingdoms under the Eastern States Agency. Raipur was the headquarters of that division. Within the Republic of India, Chhattisgarh was part of Madhya Pradesh until November 1, 2000.

YouTube Link: https://youtu.be/wE5wnJaTzpw?si=78Y5QW8aW6HH1JuV



Title of the activity: Gopal Krishna Gokhale, Abul Kalam Azad

## Begum Hazrat Mahal

Nature of the activity: Awareness

Name and designation of the resource person if any:

Ms. Neelima.R., 1<sup>st</sup> year BSc Zoology student.

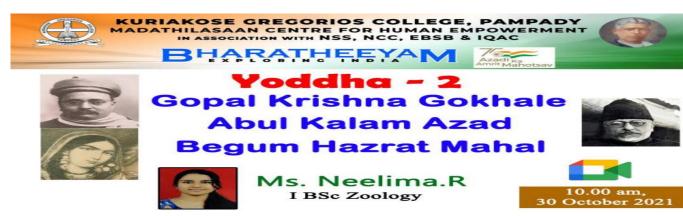




Type: Bharatheeyam-Yoddha-2 Organizing agency: MCHE Date:30/10/2021 Beneficiaries: Students

Brief Report: On 30<sup>th</sup> October 2021 ,MCHE conducted an online awareness class about the personalities such as Gopal Krishna Gokhale, Abul Kalam Azad,Begum Hazrat Mahal. Gopal Krishna Gokhale was an Indian political leader and a social reformer during the Indian independence movement and political mentor of Indian freedom fighterMahatma Gandhi. Abul Kalam Azad was an Indian independence activist, Islamic theologian,writer and a senior leader of the Indian National Congress. Begum Hazrat Mahal is also known as the Begum of Awadh.

YouTube Link: https://youtu.be/NiW7NktW2hE?si=-K47nT0HMJckmQOb







Title of the activity: Sardar Vallabhbhai Jhaverbhai Patel

Nature of the activity: Awareness

Name and designation of the resource person if any:

Ms. Meechal Susan Moncy,1<sup>st</sup> year B.Com student.

Type: Bharatheeyam-Yoddha-3

Organizing agency: MCHE

Date:31/10/2021

**Beneficiaries: Students** 

Brief Report: On 31<sup>st</sup>october2021 ,MCHE conducted an online awareness class about the great personalitySardar Vallabhbhai Jhaverbhai Patel ,was an Indian independence nationalist and barrister who served as the first Deputy Prime Minister and Home Minister of India from 1947-1950.

YouTube Link: <u>https://youtu.be/gNJoumMhVac?si=4qbLAO-rTj47lWEv</u>





Title of the activity: Ancient And Medival India

Nature of the activity: Extension

Name and designation of the resource person if any: nil.

Type: Bharatheeyam-National Level E Quiz

Organizing agency: MCHE

Date:2021

**Beneficiaries: Students** 

Brief Report: MCHE conducted a national level e quiz based on the topic ANCIENT AND MEDIEVAL INDIA as part of Discovering India Quiz Series in connection with the 75<sup>th</sup> Anniversary of Indian Independence.

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marks in the Na	that Harshith Pandey ational level e-quiz co	onducted on the to	opic 'Ancient and
Bharatheeyam pr of Indian Indepen	as part of the Di ogramme organized in dence by the Madathila h NSS, NCC, EBSB and	connection with th saan Centre for Hu	ne 75 <sup>th</sup> Anniversary man Empowerment
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d'			
Dr. Shyla Abraham Principal	Dr. Vipin K. Varughese Coordinator, MCHE PO, NSS	Lt. Renish Joseph Coordinator, IQAC ANO, NCC	Dr. Priya A Coordinator, EBSB





Title of the activity: Independence Struggle

Nature of the activity: Extension

Name and designation of the resource person if any: NIL.

Type: Bharatheeyam-National Level E Quiz

Organizing agency: MCHE

Date:2021

**Beneficiaries: Students** 

Brief Report: MCHE conducted a national level e quiz based on the topic INDEPENDENCE STRUGGLE as part of Discovering India Quiz Series in connection with the 75<sup>th</sup> Anniversary of Indian Independence.







Title of the activity: Indian Culture & Heritage

Nature of the activity: Extension

Name and designation of the resource person if any:NIL.

Type: Bharatheeyam-National Level E Quiz

Organizing agency: MCHE

Date:2021

**Beneficiaries: Students** 

Brief Report: MCHE conducted a national level e quiz based on the topic INDIAN CULTURE & HERITAGE as part of Discovering India Quiz Series in connection with the 75<sup>th</sup> Anniversary of Indian Independence.







Title of the activity: K P Kesava Menon, A K Gopalan, and Vaikom Muhammad Basheer

Nature of the activity: Awareness

Name and designation of the resource person if any:

Ms. Shimina Shaji, 1<sup>st</sup> year BSc Chemistry

Type: Kerala Kesari- 2 (Bharatheeyam)

Organizing agency: MCHE

Date: 7<sup>th</sup> November 2021

**Beneficiaries: Students** 

Brief Report: On 7<sup>th</sup> November 2021, MCHE conducted an online awareness class on K P Kesava Menon, A K Gopalan, and Vaikom Muhammad Basheer. K. P. Kesava Menon, A. K. Gopalan, and Vaikom Muhammad Basheer were prominent figures in the history of India, particularly in the context of Kerala, during the 20th century. Each of them made significant contributions in their respective fields and played important roles in social and political movements.

YouTube Link: https://youtu.be/x\_p7LLB47Hk?si=oLvHsT7ha\_cqUG9a





Title of the activity: Mannathu Padmanabhan, Ayyankali, and Vakkom Moulavi

Nature of the activity: Awareness

Name and designation of the resource person if any:

Ms. Aparna Manoj, 1<sup>st</sup> year BA Economics

Type: Kerala Kesari- 3 (Bharatheeyam)

Organizing agency: MCHE

Date: 20<sup>th</sup> November 2021

**Beneficiaries: Students** 

Brief Report: On 20<sup>th</sup> November 2021, MCHE conducted an online awareness class on Mannathu Padmanabhan, Ayyankali, and Vakkom Moulavi. Mannathu Padmanabhan, Ayyankali, and Vakkom Moulavi were prominent social reformers and leaders in the state of Kerala, India, during the late 19th and early 20th centuries.

YouTube Link: <u>https://youtu.be/IkkgHSHFcl0?si=95jJrQ9HdDo0yuW9</u>







Title of the activity: CV Raman

Nature of the activity: Awareness

Name and designation of the resource person if any:

Lakshmi N Govind, 2<sup>nd</sup> year BSc Physics

Type: VIGNJAN-1 (Bharatheeyam)

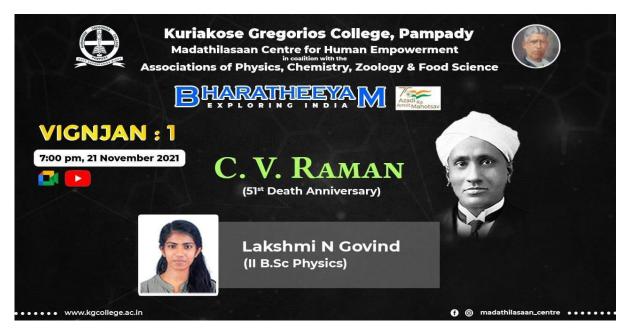
Organizing agency: MCHE

Date: 21<sup>st</sup> November 2021

**Beneficiaries: Students** 

Brief Report: On 21<sup>st</sup> November 2021, MCHE conducted an online awareness class on CV Raman. Sir Chandrasekhara Venkata Raman, commonly known as C. V. Raman, was a distinguished Indian physicist who made significant contributions to the field of science, particularly in optics and spectroscopy.

Youtube Link: https://youtu.be/Uy-RmlEPaY0?si=HrXrKJYjqIUtRvMN







Title of the activity: Fundamental Rights & Duties

Nature of the activity: Awareness

Name and designation of the resource person if any:

Sri. P.D.T Achary, Former Secretary General, Lok Sabha

Type: 73<sup>rd</sup> Constitution Day (Bharatheeyam)

Organizing agency: MCHE

Date: 26<sup>th</sup> November 2021

**Beneficiaries: Students** 

Brief Report: On 26 November 2021, MCHE conducted an online awareness class on Fundamental Rights and duties.In India, Fundamental Rights and Fundamental Duties are two important aspects of the Indian Constitution that outline the rights and responsibilities of Indian citizens.

YouTube Link: <u>https://youtu.be/ldk4rSZ8iek?si=diXkXTfYjMhegeNV</u>







Title of the activity: Lala Lajpat Rai, Bipin Chandra Pal, and Bal Gangadhar Tilak

Nature of the activity: Awareness

Name and designation of the resource person if any:

Ms Aleena Biju, 1<sup>st</sup> year BA Economics

Type: Yoddha-4 (Bharatheeyam)

Organizing agency: MCHE

Date: 12 December 2021

**Beneficiaries: Students** 

Brief Report: On 12 December 2021, MCHE conducted an online awareness class on Lala Lajpat Rai, Bipin Chandra Pal, and Bal Gangadhar Tilak. Lala Lajpat Rai, Bipin Chandra Pal, and Bal Gangadhar Tilak were prominent freedom fighters and leaders in the Indian independence movement against British colonial rule. They were collectively referred to as the "Lal-Bal-Pal" trio and played significant roles in shaping the course of India's struggle for independence.





Title of the activity: Srinivasa Ramanujan

Nature of the activity: Awareness

Name and designation of the resource person if any:

Krishnadas P, 1<sup>st</sup> year BSc Physics

Type: VIGNJAN-2 (Bharatheeyam)

Organizing agency: MCHE

Date: 22 December 2021

**Beneficiaries: Students** 

Brief Report: On 22 December 2021, MCHE conducted an online awareness class on Srinivasa Ramanujan. Srinivasa Ramanujan was an exceptional Indian mathematician who made remarkable contributions to various branches of mathematics, particularly in the field of number theory. He is widely regarded as one of the most brilliant mathematicians in history.







Title of the activity: In Conversation With A. K. Antony MP, Former Defence Minister and Former Chief Minister, Kerala

Nature of the activity: Awareness

Name and designation of the resource person if any:

A. K. Antony MP, Former Defence Minister and Former Chief Minister, Kerala

Type: 73<sup>rd</sup> Republic Day (Bharatheeyam)

Organizing agency: MCHE

Date: 26 January 2022

**Beneficiaries: Students** 

Brief Report: On 26 January 2022, MCHE conducted an online conversation with A.K. Antony MP regarding the 73<sup>rd</sup> Republic Day. India marks January 26 as its Republic Day consistently. In 2023, the nation is praising its 73rd Republic Day. While India acquired freedom from the British Raj in 1947, it wasn't until January 26, 1950, that the Indian Constitution happened, and India turned into a sovereign state, pronouncing it a republic.

YouTube Link: https://youtu.be/5\_UED7cFwr0?si=80DWFzMYAvXndles







Title of the activity: 75<sup>th</sup> Martyrs' Day

Nature of the activity: Awareness

Name and designation of the resource person if any:

Prof. Girishkumar T S, Member, ICPR, New Delhi

Type: 75<sup>th</sup> Martyrs' Day (Bharatheeyam)

Organizing agency: MCHE

Date: 30 January 2022

**Beneficiaries: Students** 

Brief Report: On 30 January 2022, MCHE conducted an online awareness class on the 75<sup>th</sup> Martyrs' Day taken by Prof. Girishkumar T S, Member, ICPR, New Delhi. The class was inaugurated by Prof. Sabu Thomas, Hon'ble Vice Chancellor, MG University.

YouTube Link: <u>https://youtu.be/dj3tQt\_07hk?si=SZ3EtW6CBxvzEnkw</u>





Title of the activity: 102<sup>nd</sup> Birthday of Sri. K R Narayanan

Nature of the activity: Awareness

Name and designation of the resource person if any:

Sri. S. N. Sahu, OSD and Press Secretary to Sri K. R. Narayanan

Type: Bharatheeyam

Organizing agency: MCHE

Date: 6 February 2022

Beneficiaries: Students

Brief Report: On 6 February 2022, MCHE conducted an online awareness class on the 102<sup>nd</sup> Birthday of Sri. K R Narayanan on The enduring legacy of President K R Narayanan in celebrating and defending the ideas of India.

YouTube Link: https://youtu.be/sheIZdpQzAE?si=hayDxLHHxcLmy03g





Title of the activity: National Science Day

Nature of the activity: Awareness

Name and designation of the resource person if any:

Sri. G Madhavan Nair, Former Chairman, ISRO

Type: Bharatheeyam

Organizing agency: MCHE

Date: 28 February 2022

**Beneficiaries: Students** 

Brief Report: On 28 February 2022, MCHE conducted an online awareness class on National Science Day. National Science Day is celebrated in India on February 28th each year to commemorate the discovery of the Raman Effect by the Indian physicist Sir C.V. Raman. This day is dedicated to the field of science and aims to highlight the significance of scientific discoveries and their role in society.

YouTube Link:

Part 1: <u>https://youtu.be/N2MvhwESWdk?si=49qLQlXTc46IFQU9</u> Part 2: <u>https://youtu.be/tx0UgbILck8?si=RxRkwmEb4XhnWpR8</u>





Title of the activity: International Women's Day

Nature of the activity: Awareness

Name and designation of the resource person if any:

Dr. Sosamma Iype, Padma Sri Awardee 2022 & Conservator of Vechur Cow

Type: Bharatheeyam

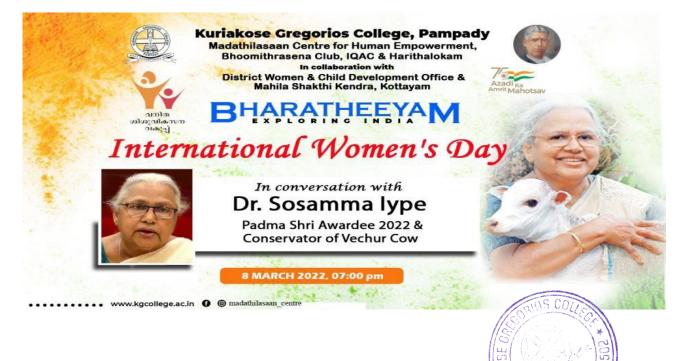
Organizing agency: MCHE

Date: 8 March 2022

**Beneficiaries: Students** 

Brief Report: On 8 March 2022, MCHE conducted an online awareness class on International Women's Day. International Women's Day is celebrated worldwide on March 8th each year. It is a day dedicated to recognizing and celebrating the achievements, contributions, and the overall importance of women in various aspects of life, including social, political, economic, and cultural fields.

YouTube Link: <u>https://youtu.be/\_nLa8WXUqPA?si=YsC-0zIjmOdRElx2</u>





Title of the activity: Re-reading the Salt Satyagraha after Nine Decades

Nature of the activity: Awareness

Name and designation of the resource person if any:

Prof. VK Kool, Former Professor, University of Wisconsin

Type: Bharatheeyam

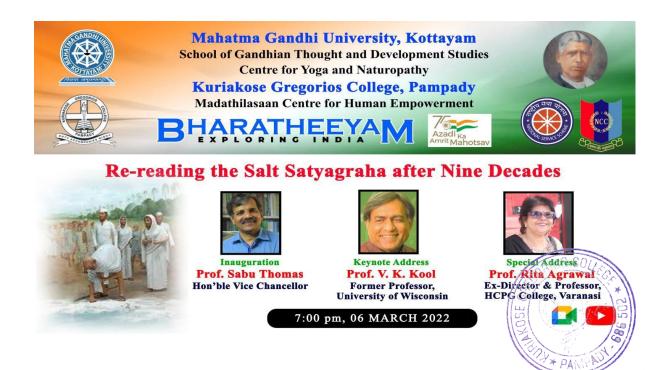
Organizing agency: MCHE

Date: 6 March 2022

Beneficiaries: Students

Brief Report: On 6 March 2022, MCHE conducted an online awareness class on Rereading the Salt Satyagraha after Nine Decades, The session was taken by Prof. VK Kool and it was inaugurated by Prof. Sabu Thomas, Hon'ble Vice Chancellor, MG University. Prof. Rita Agrawal, Ex-Director & Professor, at HCPG College, Varanasi also attended the session.

YouTube Link: <u>https://youtu.be/7xiD4Vh1igc?si=j2D4\_6KuBD8SJu7a</u>





#### **ACTIVITY REGISTER 2022-23**

Title of the activity : Meet the Entrepreneur.

Nature of the activity : Awareness

Name and designation of the resource person if any :Mr.Raju Kurian, is the CMD,

Unisis group, Middle east.

Type : Gregorians Lecture-18

Organizing agency : MCHE

Date : 22/08/2022

**Beneficiaries : Students** 

Brief report : On 22<sup>nd</sup> August 2022 MCHE conducted an awareness class about Meet the Entrepreneur. The session was based on World Entrepreneur's Day. The resource person talked about entrepreneurship and provide tips and ideas for starting and executing a new start up.



# സംരംഭക ദിന ശിൽപശാല നടത്തി

പാമ്പാടി • രാജ്യ പൂരോഗതിക്കാ യി കൂടുതൽ യൂവാക്കൾ സംരംഭ ങ്ങളിലേക്കു കടന്നു വരണമെന്ന് യൂനിസിസ് ഗ്രൂപ്പ് ചെയർമാൻ രാ ജു കുര്യൻ. കെജി കോളജിലെ മാത്തിലാ

ത്തിൽ നടന്ന് ലോക സംരംഭം ദിന ശിൽപശാല ഉദ്ഘാടന ചെയ്യുകയായിരുന്നു അദ്ദേഹം. പ്രീൻസിപ്പൽ ഡോ. ഷൈല മാത്തിലാശാൻ സെന്റർ കോ മാർഡിനേറ്റർ ഡോ. വിപിൽകെ. വർഗീസ്, ഐക്യപ്പബ്ബി കോഓര് ഡിനേറ്റർ ലെഫ്. റെനീഷ് ജോ സഹ്, എബൽ ജോമായ്യ, അപർണ സന്ദരാഷ്, കിരൺ പ്രസാര്, മെർ ലിൻ ചെറിയാൽ എന്നിവർ പ്രസം ഗിച്ചു.





Title of the activity : National Youth Day.

Nature of the activity : Awareness

Name and designation of the resource person if any :Ms. Ancy Joseph, *is one among the three students who delivered the memorial Lecture on Pt.Madan Mohan Malaviya in Indian Parliament on his Birthday 2022.* 

Type : Rendezvous Lecture-5

Organizing agency : MCHE

Date : 12/01/2023

**Beneficiaries : Students** 

Brief report : On 1<sup>st</sup> January 2023 MCHE conducted an online awareness class about National Youth Day.In India , National Youth Day is celebrated to promote awareness of people's rights and to provide information about them.

YouTube Link: <u>https://youtu.be/HS2q\_tjNK\_c?si=6mXXhOpzlDq-eIv0</u>







Title of the activity : Our Environmental Future.

Nature of the activity : Awareness

Name and designation of the resource person if any : Dr.S Faizi, is an Ecologist, Chair :

IUCN/CEESP Task Force on UN CBD Global Biodiversity Framework.

Type : Erudite Lecture-11

Organizing agency : MCHE

Date : 05/06/2022

Beneficiaries : Students

Brief report : On 5<sup>th</sup> June 2022 MCHE conducted an online awareness class about Our Environmental Future. The session was based on World Environment Day. Environmental day is to increase public awareness of environmental challenges and encourage action.

YouTube Link: <u>https://youtu.be/kUNY\_qCaEX0?si=aLzQeFJ-AZ2ZPg5J</u>





Title of the activity : An Introduction to Research. Nature of the activity : Awareness Name and designation of the resource person if any :Dr.P N Harikumar, is a Professor, Department of Commerce, University of Kerala. Type : Erudite Lecture-12 Organizing agency : MCHE Date : 02/07/2022 Beneficiaries : Students

Brief report : On 2<sup>nd</sup> July 2022 MCHE conducted an online awareness class about An Introduction to Research. Research is a systematic gathering of data and information and its analysis for advancement of knowledge in any subject.







Title of the activity: Freedom Wall (Quit India Movement)

Nature of the activity: Awareness

Type: Bharatheeyam

Organizing agency: MCHE

Date: 15<sup>th</sup> August 2022

**Beneficiaries: Students** 

Brief Report: On 15<sup>th</sup> August 2022, MCHE, with the help of college students, drew a picture representing our Quit India Movement in our college mall. The Quit India Movement, also known as the August Movement, was a significant civil disobedience movement launched by Mahatma Gandhi on August 8, 1942, during World War II. The main objective of this movement was to demand an end to British colonial rule in India.







Title of the activity: Freedom Musical Night

Nature of the activity: Awareness

Name and designation of the resource person if any:Mr. Arun Zacharia

Playback Singer & Flowers TV Fame

Type: Bharatheeyam

Organizing agency: MCHE

Date: 15<sup>th</sup> August 2022

Beneficiaries: General public

Brief Report: On 15<sup>th</sup> August 2022, MCHE along with NSS, NCC, EBSB & IQAC organised a Facebook live musical night on Monday, 15 August 2022 from 7:00 to 8:00 pm. Mr. Arun Zacharia a Playback Singer led this event which was accessible by all.







Title of the activity : Yoga for Developing emotional Intelligence.

Nature of the activity : Awareness

Name and designation of the resource person if any :Dr.Padmanabhan T V, : former

Assistant Professor, Dept. of Yoga Studies, Central University of Kerala, Kasaragod.

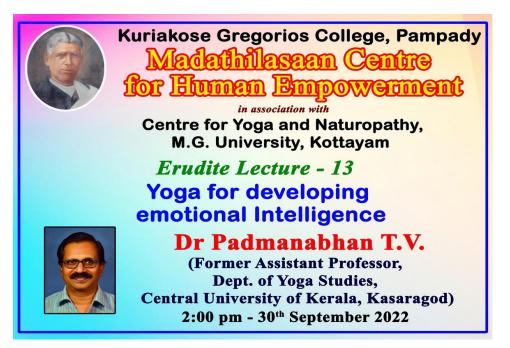
Type : Erudite Lecture-13

Organizing agency : MCHE

Date : 30/09/2022

Beneficiaries : Students

Brief report : On 30<sup>th</sup> September 2022 MCHE conducted an awareness class about Yoga for developing emotional Intelligence. A dedicated Yoga practice offers the gifts of tranquility and equanimity to an otherwise unruly mind tossed about by the day to day stressors of life.







Title of the activity : Meet The Civil Servant.

Nature of the activity : Awareness

Name and designation of the resource person if any : Sri.Rajeev Kumar Chaudhary

IAS, is the Sub Divisional Magistrate, Kottayam.

Type : Erudite Lecture-14

Organizing agency : MCHE

Date : 06/10/2022

Beneficiaries : Students

Brief report : On 6<sup>th</sup> October 2022 MCHE conducted an awareness class about Meet the Civil Servant. During this session the resource person explained about his Civil Service journey and also briefed about the various steps in Civil Service examination.







Title of the activity : Knowledge Economy and DWMS.

Nature of the activity : Awareness

Name and designation of the resource person if any : Mr.Sunu P Mathew, is a State

Faculty, KILA and Knowledge Mission.

Type : Ancestral Lecture-3

Organizing agency : MCHE

Date : 17/02/2023

Beneficiaries : Students

Brief report : On 17<sup>th</sup> February 2023 MCHE conducted an awareness class about Knowledge Economy and DWMS. The Knowledge Economy Mission aims to use digital technologies as an enabler to create new knowledge that can be used to solve contemporary and future social problems, foster sustainable development, and foster intellectual growth. DWMS is the digital workforce management system.







Title of the activity : Workshop : Coconut leaf craft and weaving.

Nature of the activity : Awareness

Name and designation of the resource person if any :Mr.Ruby Varghese, is a coconut leaf weaver.

Type : Ancestral Lecture- 4

Organizing agency : MCHE

Date : 09/03/2023

Beneficiaries : Students

Brief report : On 9<sup>th</sup> March 2023 MCHE conducted a class about Workshop : Coconut leaf crafts and weaving. The resource person provide training about the making of different coconut leaf craft products.





പാമ്പാടി കെജി കോളജിലെ മഠത്തിലാശാൻ സെന്ററും ഭൂമിത്ര സേന യും ചേർന്ന് സൗത്ത് പാമ്പാടി സെന്റ് തോമസ് ഗവ എൽപി സ്കൂ ളിൽ ഓലമെടയൽ, ഓല ഉപയോഗിച്ചുള്ള കളിപ്പാട്ട നിർമാണം എന്നി വയിൽ നൽകിയ പരിശീലനം.

## പരിശീലനം നൽകി

പാമ്പാടി • കേന്ദ്ര വിദ്യാഭ്യാസ മന്ത്രാലയത്തിന്റെ ഇന്ത്യൻ വി ജ്ഞാന സമ്പ്രദായം പദ്ധതിയുടെ ഭാഗമായി കെജി കോളജിലെ മഠ ത്തിലാശാൻ സെന്ററും ഭൂമിത്ര സേനയും ചേർന്ന് സൗത്ത് പാ മ്പാടി സെന്റ് തോമസ് ഗവ എൽ പി സ്കൂളിൽ ഓലമെടയൽ, ഓല ഉപയോഗിച്ചുള്ള കളിപ്പാട്ട നിർമാ ണം എന്നിവയിൽ പരിശീലനം നൽകി. റൂബി വർഗീസ് നേത്യ ത്വം നൽകി. മഠത്തിലാശാൻ സെന്റർ കോ ഓർഡിനേറ്റർ ഡോ .വിപിൻ.കെ.വർഗീസ്, ഹെഡ്മി സ്ട്രസ് ഓമന മാത്യു, ജിജോ ജോർജ്, റോണി തോമസ് കു ര്യൻ, അജയ് ഫിലിപ്പ് വർഗീസ്, അഭിജിത് കൃഷ്ണ , അശോക് കുരുവിള, പി.എൻ.ഹസ്ബി മോൾ എന്നിവർ പ്രസംഗിച്ചു.





Title of the activity : Guts and Glory : Women in Armed Forces.

Nature of the activity : Awareness

Name and designation of the resource person if any : Capt.Megha Madhu, is a MNS Officer, Indian Army.

Type : Ancestral Lecture-5

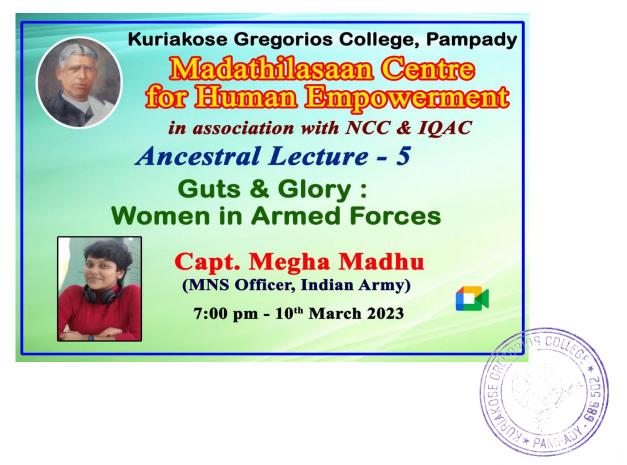
Organizing agency : MCHE

Date : 10/03/2023

Beneficiaries : Students

Brief report : On 10<sup>th</sup> March 2023 MCHE conducted a class about Guts and Glory : Women in Armed Forces. While there has been significant progress in the inclusion of women in the Indian Armed Forces, there still a long way to go. The journey towards gender equality in this sphere is fraught with challenges. However, the courage, determination and resilience of women officers serve as a beacon of hope.

### YouTube Link: <u>https://youtu.be/jbCElcl0-Ss?si=sEZMBaH-XglCogNw</u>





Title of the activity: Macro Photography

Nature of the activity: Awareness

Name and designation of the resource person if any:Ms. Shalini Binu (State Award Winner, Wildlife Photography-2020)

Type: GREAT- Tutelage Lecture-15

Organizing agency: MCHE

Date: 6/10/2022

**Beneficiaries: Students** 

Brief Report: On October 5 2022, MCHE in association with Bhoomithrasena, NSS, NCC, Birds Club & IQAC held an online class on macro photography which was led by Ms. Shalini Binu.

YouTube Link: <u>https://youtu.be/h0iDKv8hoYo?si=zH311vmbIBeYXzUk</u>







Title of the activity: Drug Abuse among Youth

Nature of the activity: Awareness

Name and designation of the resource person if any:Mr. Lebimon K. S.Sub Inspector of Police, Pampady

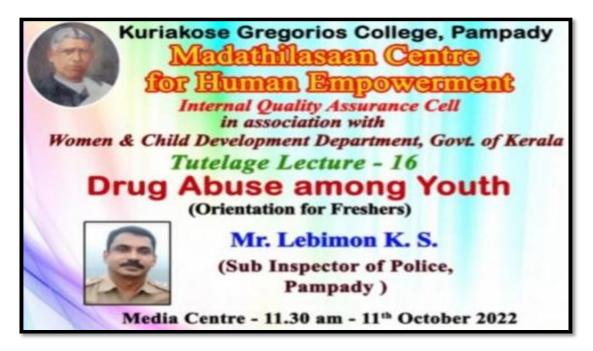
Type: GREAT- Tutelage Lecture-16

Organizing agency: MCHE

Date: 11/10/2022

Beneficiaries: Students

Brief Report:On October 11 2022, MCHE in association with Women & Child Development Department, Govt. of Kerala held a class on drug abuse among Youth.







Title of the activity: Gender and Relationships

Nature of the activity: Awareness

Name and designation of the resource person if any:Ms. Heleena Rajan Philip, Former Women Welfare Officer, WCD Dept., Kottayam

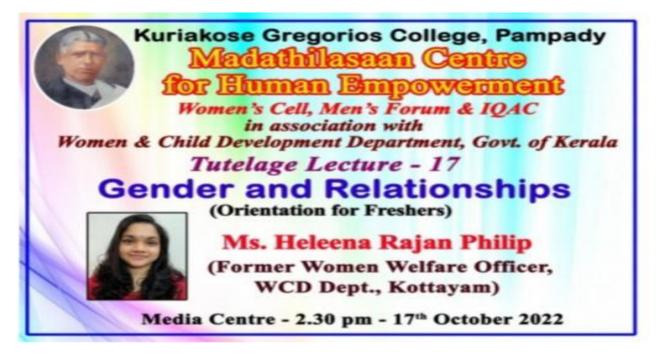
Type: GREAT- Tutelage Lecture-17

Organizing agency: MCHE

Date: 17/10/2022

**Beneficiaries: Students** 

Brief Report: On October 17 2022, MCHE, Women's Cell, Men's Forum & IQAC in association with Women & Child Development Department, Govt. of Kerala held a class on Gender and Relationships as an orientation for freshers.







Title of the activity: Millets-the climate friendly solution to achieve food security

Nature of the activity: Awareness

Name and designation of the resource person if any:Ms. Neethu Mohan Nutritionist, ICDS Pampady

Type: GREAT- Tutelage Lecture-18

Organizing agency: MCHE

Date: 23/3/2023

**Beneficiaries: Students** 

Brief Report: On 23 March 2023, MCHE, Bhoomithra Sena, NSS, NCC & IQAC in association with Women & Child Development Department, Govt. of Kerala held a class on Millets-the climate friendly solution to achieve food security and their importance.





Title of the activity: Health Education on Anemia&Anemia Diagnosis

Nature of the activity: Awareness

Name and designation of the resource person if any:Ms. Arya Prasad(Post BSc Nurse, R R College of Nursing, Bangalore)

Type: GREAT- Tutelage Lecture-19

Organizing agency: MCHE

Date: 23/3/2022

**Beneficiaries: Students** 

Brief Report: On 23 March 2023, MCHE Blood Donation Club, NSS, NCC & in association with Women & Child Development Department, Govt. of Kerala organized a class on Health Education on Anemia & Anemia Diagnosis.







Title of the activity: In conversation with Sri. Oommen Chandy

Nature of the activity: Awareness

Name and designation of the resource person if any:Sri. Oommen Chandy MLA Former Chief Minister, Kerala

Type: Bharatheeyam

Organizing agency: MCHE

Date: 9/6/2022

Beneficiaries: Students

Brief Report: On 9 June 2023, MCHE, NSS, NCC, EBSB & IQAC held a meeting with Sri. Oommen Chandy the MLA and Former Chief Minister of Kerala where he held conversations with the students.

YouTube Link: <u>https://youtu.be/RSvE8biwEl4?si=0E2cXrBJqBgek9MG</u>





Title of the activity: World War II and India's Freedom

Nature of the activity: Awareness

Name and designation of the resource person if any: Sri. R. Prasannan Senior Coordinating Editor, THE WEEK, New Delhi

Type: Bharatheeyam

Organizing agency: MCHE

Date: 27/6/2022

**Beneficiaries: Students** 

Brief Report: On 27 June 2023, MCHE, NSS, NCC, EBSB & IQAC University Centre for International Cooperation, Mahatma Gandhi University, Kottayam held an online class via Google Meet on the topic World War II and India's Freedom.

YouTube Link: https://youtu.be/Z7mTXrrRXJA?si=kRlQy0pbLY1Gprtn



#### ഓൺലൈൻ പ്രഭാഷണം ഇന്ന്

പാമ്പാടി • ഇന്ത്യൽ സ്ഥതന്ത്ര്യ ലബ്ധിയുടെ 75 -ാം വാർഷിക ത്തിന്റെ ഓഗമായി കെ.ജി.കോള ജിലെ മാത്തിലാശാൻ സെന്ററി ന്റെ തഷ്ട്രവ്യവത്തിൽ തടഞ്ഞുന്ന മാരത്നിയം പരിപാടിയിൽ തെട്ടാം ലോക മഹായുധേവും ഇന്ത്യൻ സ്ഥതന്ത്ര്യവും എന്ന വിഷയ താർഡിനേറ്റില് എഡിറ്റർ ആർ, പ്രസന്നൻ ഇന്ന് വൈകിട്ട് 7 ന് രാൺലൈൽ പ്രഭാഷണം നട ത്തും എം.ജി. സർവക്കാശാല സെന്റർ ഫോർ ഇന്റർനാഷനൽ കോട്ടപ്പെറേഷൻ ഡയറക്ടർ പ്രഹഡോ. സജിമോൻ എബ പാനാദി • രണ്ടാം ലോകകഫാ തൃദ്ധം ബ്രിട്ടിൽ സാമ്രാജ്യത്തിന്റെ അംട്ട്യായ്യിൽ സാതന്ത്യപ്രബിറ് വോഗത്തിലാക്കുകയും ചെയ്തെ ന് ദി വിക് ഡൽഹി ബ്യാറാ സ് നിയർ കോ-മാർഡിനെറ്റില് എന്നും ഇന്ത്യന് സാതന്ത്യ പ്രബിദ യുടെ 75 -ാം വാർഷികത്തിന്റെ മോഗമായി കെ.ജീകോളജിലെ മ ത്തിലാശാൻ സെന്റർ, എൻ.എസ് എന്നം പ്രത്.സി.സി എന്നിവയുടെ ത്തിലാശാൻ സെന്റർ, എൻ.എസ് എന്നം പ്രത്.സി.സി എന്നിവയുടെ ത്തിലം പടിപാടിയിൽ എം.ജി സർ പ്രകലാശാല സെന്റർ ഫോർ ഇന്റർ നാംഭന്നൽ കോ-മാപ്പറോക ന്റെ സംഹകന്താതാടെ സംഘ ടിപ്പിച്ച രണ്ടാം ലോക കറാ യുയ

ഭാരതീയം പരിപാടി: സെമിനാർ നടത്തി

റം. ലോക കഹായുല അനയാം. എ.എ.ൽ.എ. പുട്ടുക്കാരമെ ഇതു തിൽ ...എത്തിച്ചു വിപാരണ സ്നേഹമയെ ആളിക്കാങ്ങിച്ചു നവിക സേനാ കലാപം ബ്രിട്ട് നിക്കാരാജ ഇന്ത്യൻ ആധിപാനു ആന്ത്ര് നിക്കുപ്പെട്ടും പറഞ്ഞു തെന്റെ നിങ്ങളം പാരങ്ങു തെന്റെ പ്രത്യാഷൻ ഡ്രാഹര്ശാ ഹോട് മായുക്ഷയ വഹത്തം പറഞ്ഞു ഹാം താധുക്ഷയ വഹത്തം പുടും സ്റ്റ്. ഐ.പ്പോം പറഞ്ഞു പറ്റ്. ഐ.പ്പോം പറഞ്ഞു പര്, പ്രതാന ലോൺ, എബൽ ലോം മായും സംതരായ് നുത് ലോം മായുൻ സെന്റോം തായും നിം ഡ്രാന ലോൺ, എബൽ ലോം മായുൻ സംതരാം നുത്തു സോം പറ്റൻ വേട്ടം മാത്യു പോയൻനെ സാതോംല് എണിവ്





Title of the activity: Presidential &Vice Presidential Election in India

Nature of the activity: Awareness

Name and designation of the resource person if any:Sri. Verghis John Thottappuzha,Chief Researcher, Editorial, Malayala Manorama

Type: Bharatheeyam

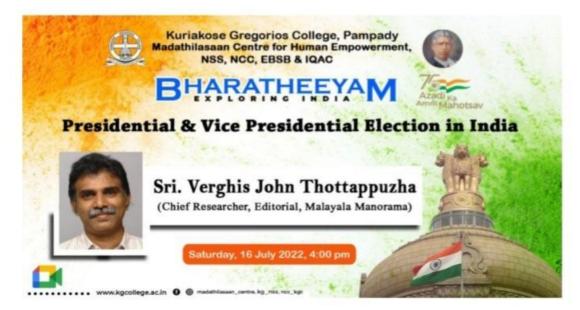
Organizing agency: MCHE

Date: 16/7/2022

**Beneficiaries: Students** 

Brief Report: On 16 July 2023, MCHE Madathilasan Centre for Human Empowerment, NSS, NCC, EBS8 & IQAC organised an online class held by Sri. Verghis John Thottappuzha on the topic Presidential &Vice Presidential Election in India.

YouTube Link: <u>https://youtu.be/EmzShQsndrg?si=U4pkxG7IcriWXHmx</u>







Title of the activity: Dizzy Heights and Nerves of Steel(Kargil Vijay Diwas)

Nature of the activity: Awareness

Name and designation of the resource person if any:Maj Gen Jacob Tharakan Chacko, SM (Rtd)

Type: Bharatheeyam

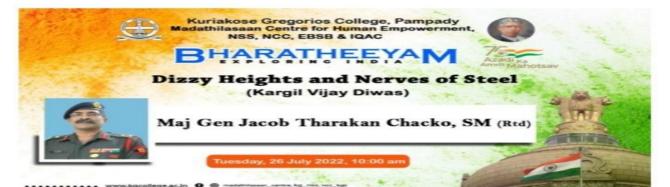
Organizing agency: MCHE

Date: 26/7/2022

**Beneficiaries: Students** 

Brief Report: On 26 July 2023, MCHE, NSS, NCC, EBS8 & IQAC held a class on kargilvijaydiwas, Maj Gen Jacob Tharakan Chacko, SM (Rtd) took the class on Dizzy Heights and Nerves of Steel.

YouTube Link: <u>https://youtu.be/nrRmc1sxEqw?si=VpBFa3BDWG3TY-3w</u>



### കാർഗിൽ വിജയ ദിനാചരണം

പാമ്പാടി .ദേശസുരക്ഷയ്ക്ക് വേണ്ടിയുള്ള ഇന്ത്യൻ സൈന്യ ത്തിന്റെ ദൃഢനിശ്ചയമാണ് കാർ ഗിലിൽ വിജയം സമമാനിച്ചതെന്ന് മേജർ ജനറൽ ജേക്കബ് തരകൻ ചാക്കോ അഭിപ്രായപ്പെട്ടു. ഇന്ത്യൻ സ്ഥതന്ത്ര്യലബ്ദിയുടെ 75 -ാം വാർഷികത്തിന്റെ ഭാഗമാ യി കെ.ജി. കോളജിലെ മറത്തി ലാശാൻ സെന്റർ, എൻ.എസ്.എ സ്, എൻ.സി.സി എന്നിവയുടെ ആഭിമുഖ്യത്തിൽ നടത്തുന്ന ഭാര തീയം പരിപാടിയിൽ കാർഗിൽ വിജയ ദിനാചരണത്തിൽ മുഖ്യപ്പ ഭാഷണം നടത്തുകയായിരുന്നു അദ്ദേഹം. പ്രിൻസിപ്പൽ ഡോം വഹിച്ചു. മഠത്തിലാശാൻ സെന്റർ കോ-ഓർഡിനേറ്റർ ഡോ.വിപിൻ കെ.വർഗീസ്, ഐ.ക്യു.എ.സി. കോ – ഓർഡിനേറ്റർ ലെഫ്.റെനീ ഷ് ജോസഫ്, എബൽ ജോ മോൻ, ഡോണ മോൾ സൂജിത്ത്, ജസ്റ്റിൻ ജോ മാത്യൂ എന്നിവർ പ്രസംഗിച്ചു.





Title of the activity: Science and Technology

Nature of the activity: Extension

Name and designation of the resource person if any:nil.

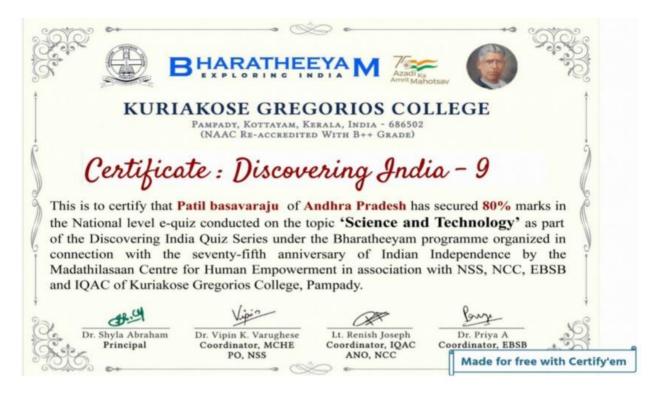
Type: Bharatheeyam-National Level E Quiz

Organizing agency: MCHE

Date:2023

**Beneficiaries: Students** 

Brief Report: MCHE conducted a national level e quiz based on the topic Science and Technology as part of Discovering India Quiz Series in connection with the 75<sup>th</sup> Anniversary of Indian Independence.







Title of the activity: Rajasthan

Nature of the activity: Awareness

Name and designation of the resource person if any:

Dr.C.K. Mathew IAS, the former chief secretary Rajasthan and senior fellow at public affairs centre . He is also a member of the National Working Committee of the Malankara Orthodox Syrian Church.

Type: Bharatheeyam-Unity in Diversity-4

Organizing agency: MCHE

Date:4/8/2022

Beneficiaries: Students

Brief Report: On 4<sup>th</sup> August 2022, MCHE conducted an online awareness class about the diversity of place Rajasthan. Rajasthan is a state in northern India. It is the largest Indian state by area and the seventh largest by population

YouTube Link:

Part 1: https://youtu.be/r0Di\_Ivx8Rg?si=gkVYoWPGDqi55jCn

Part 2: https://youtu.be/HqEIZO-L\_ug?si=10-oCdcCEOSaKswj







Title of the activity: War Experience

Nature of the activity: Awareness

Name and designation of the resource person if any:

Cpl. N T Kuriakose, Indo-Pak War Veteran 1965 & 1971.

Type: Icons-5

Organizing agency: MCHE

Date:6/8/2022

**Beneficiaries: Students** 

Brief Report : On 6<sup>th</sup> August 2022 ,MCHE conducted an online awareness class for sharing the war experience by Cpl. N T Kuriakose.

YouTube Link: <u>https://youtu.be/sp1TgrWUuhg?si=z55riza1eJ-SPHkc</u>



4:00 pm, 6 AUGUST 2022





Title of the activity: Preamble Recitation Competition

Nature of the activity: Cultural

Name and designation of the resource person if any: NIL.

Type: Bharatheeyam

Organizing agency: MCHE

Date:8/8/2022

**Beneficiaries: Students** 

Brief Report: On 8<sup>th</sup> August 2022, MCHE conducted a preamble recitation competition as a part of Azadi Ka Amrit Mahotsav.



8th AUGUST, 2.00 pm at BMM Hall





Title of the activity: Jammu & Kashmir&Ladakh

Nature of the activity: Awareness

Name and designation of the resource person if any:

Dr. Kiran, Assistant Professor (Sr.Scale) Central University of Jammu.

Type: Bharatheeyam-Unity in Diversity-5

Organizing agency: MCHE

Date:10/8/2022

**Beneficiaries: Students** 

Brief Report: On 10<sup>th</sup> august 2022 ,MCHE conducted an online awareness class about the diversity of place Jammu & Kashmir &Ladhak. Ladakh was administered as part of Jammu and Kashmir state from 1947 until 2019, when it became a separate administrative unit.

YouTube Link: <u>https://youtu.be/mbrSU-NLQHw?si=8h4vcQ7oHiF4H1s2</u>







Title of the activity: Film Review Contest

Nature of the activity: Cultural

Name and designation of the resource person if any: NIL.

Type: Bharatheeyam

Organizing agency: MCHE

Date:11/8/2022

**Beneficiaries: Students** 

Brief Report: On 11<sup>th</sup> august 2022, MCHE conducted a film review contest as a part of Azadi Ka Amrit Mahotsav.





Title of the activity: Patriotic Song Contest

Nature of the activity: Cultural

Name and designation of the resource person if any: NIL.

Type: Bharatheeyam

Organizing agency: MCHE

Date:12/8/2022

**Beneficiaries: Students** 

Brief Report: On 12<sup>th</sup> august 2022 ,MCHE conducted a patriotic song contest as a part of Azadi Ka Amrit Mahotsav.







Title of the activity: Watercolor Painting Competition

Nature of the activity: Extension

Name and designation of the resource person if any: NIL.

Type: Bharatheeyam

Organizing agency: MCHE

Date:11/8/2022

**Beneficiaries: Students** 

Brief Report: On 11<sup>th</sup> august 2022, MCHE conducted a watercolor painting competition at MGM High School Pampady as a part of Azadi Ka Amrit Mahotsav.



# ചിത്രരചനാ മത്സരം നടത്തി

സ്ട്രസ് ജയ ജേക്കബ് അധ്യ ക്ഷത വഹിച്ചു.

മാത്തിലാശാന്റെ ചെറുമകൻ വി.ആർ.രാജഗോപാൽ, മാത്തി ലാശാൻ സെന്റർ കോഓർഡിനേ റ്റർ ഡോ. വിപിൻ കെ.വർഗീസ്, ഐക്യൂഎസി കോഓർഡിനേറ്റർ ലെഫ്. റെനീഷ് ജോസഫ്, ബിനു എം.കോര, ഡോണ മോൾ സുജി

ത്, അപർണ സന്തോഷ്, വി ഷ്ണു മാധവൻ, എസ്.ശ്രാര്ത് COLLS എന്നിവർ പ്രസംഗിച്ചു.

പാമ്പാടി ● ഇന്ത്യൻ സ്വാതന്ത്ര്യ ലബ്ധിയുടെ 75-ാം വാർഷികത്തി ന്റെ ഭാഗമായി കെജി കോളജിലെ മാത്തിലാശാൻ സെന്റർ, എൻഎ സ്എസ്, എൻസിസി എന്നിവയു ടെ ആഭിമുഖൃത്തിലുള്ള ഭാരതീ യം പരിപാടിയുടെ ഭാഗമായി എം ജിഎം സ്കൂളിൽ ചിത്രരചനാ മത്സരം നടത്തി.

കോളജ് വിദ്യാഭ്യാസ മുൻ ഡയറക്ടർ എം.നന്ദകുമാർ ഉദ്ഘാടനം ചെയ്തു ഹെഡ്മി



Title of the activity: National Flag Making & Distribution

Nature of the activity: Extension

Name and designation of the resource person if any: NIL.

Type: Bharatheeyam

Organizing agency: MCHE

Date:12/8/2022

**Beneficiaries: Students** 

Brief Report: On 12<sup>th</sup> august 2022 ,MCHE conducted a national flag making and distribution program as a part of Azadi Ka Amrit Mahotsav at Pampady Auto Stand.



12 August 2022 @ Pampady Auto Stand





Title of the activity: Fancy Dress Competition

Nature of the activity: Extension

Name and designation of the resource person if any: NIL.

Type: Bharatheeyam

Organizing agency: MCHE

Date:12/8/2022

**Beneficiaries: Students** 

Brief Report: On 12<sup>th</sup> august 2022 ,MCHE conducted a fancy dress competition based on the topic INDIAN PERSONALITIES at St. Thomas Govt. L P School South Pampady.

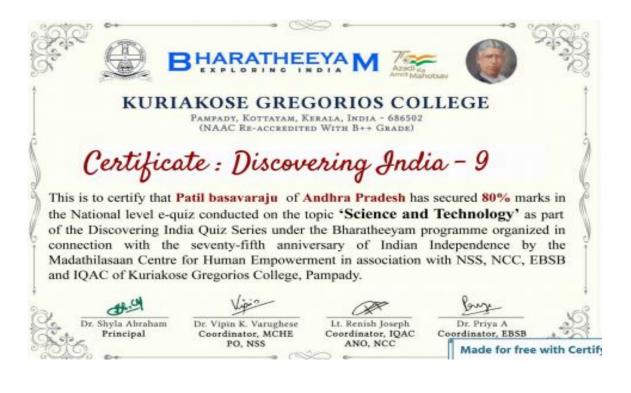






Title of the activity: Science & Technology Nature of the activity: Extension Name and designation of the resource person if any: NIL. Type: Bharatheeyam-National Level E-Quiz Organizing agency: MCHE Date:2022 Beneficiaries: Students

Brief Report: MCHE conducted a national level e quiz based on the topic SCIENCE & TECHNOLOGY as part of Discovering India Quiz Series in connection with the 75<sup>th</sup> Anniversary of Indian Independence.







Title of the activity: India Defence

Nature of the activity: Extension

Name and designation of the resource person if any: NIL.

Type: Bharatheeyam-National Level E-Quiz

Organizing agency: MCHE

Date:2022

Beneficiaries: Students

Brief Report: MCHE conducted a national level e quiz based on the topic INDIA DEFENCE as part of Discovering India Quiz Series in connection with the 75<sup>th</sup> Anniversary of Indian Independence.







Title of the activity: Patriotic Quiz Competition

Nature of the activity: Cultural

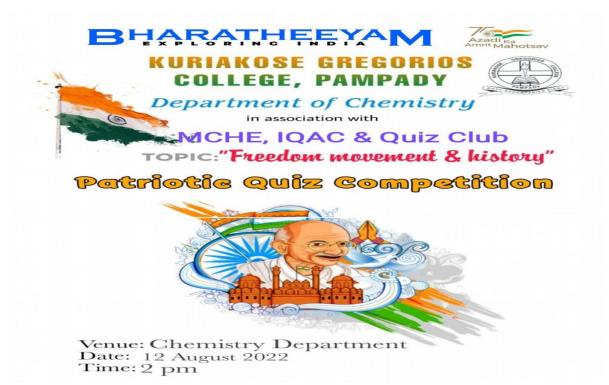
Type: Bharatheeyam

Organizing agency: MCHE

Date: 12 August 2022

**Beneficiaries: Students** 

Brief Report: On 12 August 2022, MCHE conducted a Patriotic Quiz Competition in collaboration with the Department of Chemistry on the topic "Freedom Movement & History"







Title of the activity: Freedom @ Midnight Nature of the activity: Cultural Type: Talent Night (Bharatheeyam) Organizing agency: MCHE Date: 14 August 2022 Beneficiaries: Students

Brief Report: On 14 August 2022, MCHE conducted an online cultural programme at midnight to celebrate India's 75<sup>th</sup> Independence Day. Students presented various cultural activities at midnight to celebrate our 75<sup>th</sup> Independence.

YouTube Link: <u>https://youtu.be/CDixy7kxS\_Y?si=XPKQKrkUFahgxdT3</u>



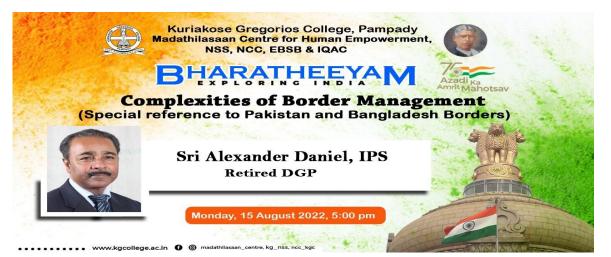




Title of the activity: Complexities of Border Management Nature of the activity: Awareness Name and designation of the resource person if any: Sri. Alexander Daniel IPS, Retired DGP Type: Bharatheeyam Organizing agency: MCHE Date: 15 August 2022 Beneficiaries: Students

Brief Report: On 15 August 2022, MCHE conducted an online awareness class on Complexities of Border Management. Border management involves a wide range of activities and responsibilities related to the control and security of a country's borders. These activities can vary significantly from one country to another, depending on their specific geographical, political, and security considerations.

YouTube Link: https://youtu.be/H3n2CiStmSQ?si=dCO4XSPV-gIHWg5n







Title of the activity: The Bards Of Bharath

Nature of the activity: Cultural

Type: Bharatheeyam

Organizing agency: MCHE

Date: 23 August 2022

**Beneficiaries: Students** 

Brief Report: On 23 August 2022, MCHE conducted an online cultural programme singing patriotic songs in various languages. The Programme was inaugurated by Padmashri Ramachandra Pulavar, Tholpavakoothu Artist

YouTube Link: https://youtu.be/80BL9nX2pfc?si=ZuhDciS0WIXZEQFS





Title of the activity: Kathak Performance

Nature of the activity: Cultural

Name and designation of the resource person if any:

Dr. Anjali Mishra, Senior Lecturer, University of the Visual & Performing Arts, Colombo

Type: Bharatheeyam

Organizing agency: MCHE

Date: 30 September 2022

Beneficiaries: Students

Brief Report: On 30 September 2022, MCHE conducted a cultural programme presenting Kathak. It was performed by Dr. Anjali Mishra, Senior Lecturer, University of the Visual & Performing Arts, Colombo.

YouTube Link: https://youtu.be/8QKyGWfWR4k?si=h5MesTrAtiVF7smM







Title of the activity: Inter-Departmental Quiz Competition Nature of the activity: Cultural Type: Bharatheeyam Organizing agency: MCHE Date: 30 September 2022 Beneficiaries: Students Brief Report: On 30 September 2022, MCHE conducted

Brief Report: On 30 September 2022, MCHE conducted an Inter-Departmental Quiz Competition in association with the Quiz club on the topic "Life And Thought Of Gandhi".







Title of the activity: 154<sup>th</sup> Birthday of Father of the Nation

Nature of the activity: Awareness

Name and designation of the resource person if any:

Prof. Dr M. S. John, Former Dean and HOD of, the Department of International Relations, Central University of Kerala

Type: Bharatheeyam

Organizing agency: MCHE

Date: 2 October 2022

**Beneficiaries: Students** 

Brief Report: On 2 October 2022, MCHE conducted an online awareness class on the 154<sup>th</sup> Birthday of Father of the Nation. The class was taken by Prof. Dr. M. S. John, Former Dean and HOD of, the Department of International Relations, Central University of Kerala and it was inaugurated by Dr. Anjali Mishra, Senior Lecturer, University of the Visual & Performing Arts, Colombo

YouTube Link: <u>https://youtu.be/SxwH3iExk7E?si=8oDzAKcnhr2Ei3mT</u>





Title of the activity: Mahatma Gandhi as a Comparative Religionist

Nature of the activity: Awareness

Name and designation of the resource person if any:

Dr A. Murugesan, Assistant Professor, Department of Philosophy & Comparative Religion, Visva-Bharati, Santiniketan, West Bengal

Type: Bharatheeyam (Gandhi Lecture Series)

Organizing agency: MCHE

Date: 7 January 2023

**Beneficiaries: Students** 

Brief Report: On 7 January 2023, MCHE conducted an online awareness class on Mahatma Gandhi as a Comparative Religionist. Mahatma Gandhi, the iconic leader of India's independence movement, was not primarily known as a comparative religionist, but his views and practices were deeply influenced by his understanding and appreciation of various religious traditions.

YouTube Link: https://youtu.be/hH5W\_AVu6KY?si=fa17u8d9ZNN7vVUJ





Title of the activity: Interpreting Gandhi's Journalistic Skills

Nature of the activity: Awareness

Name and designation of the resource person if any:

Dr Roby Augustine, Dean & Principal, Faculty of Arts, Parul University, Vadodara, Gujarat

Type: Bharatheeyam (Gandhi Lecture Series)

Organizing agency: MCHE

Date: 14 January 2023

**Beneficiaries: Students** 

Brief Report: On 14 January 2023, MCHE conducted an online awareness class on Interpreting Gandhi's Journalistic Skills. Mahatma Gandhi was a prominent political and spiritual leader and a skilled journalist. He used journalism as a powerful tool to promote his ideas, communicate with the masses, and advocate for social and political change.

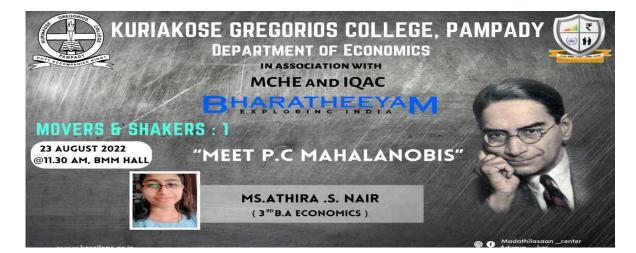
YouTube Link: <u>https://youtu.be/RrkyGsILQWA?si=LqSSw5n9uVS5WIll</u>





Title of the activity: Meet P C Mahalanobis Nature of the activity: Awareness Name and designation of the resource person if any: Ms. Athira S Nair, 3<sup>rd</sup> year BA Economics Type: Bharatheeyam (Movers & Shakers-1) Organizing agency: MCHE Date: 23 August 2022 Beneficiaries: Students

Brief Report: On 23 August 2023, MCHE conducted an online awareness class on PC Mahalanobis. Prasanta Chandra Mahalanobis (1893-1972) was an eminent Indian scientist and statistician who made significant contributions to various fields, including statistics, economics, and planning. He is best known for his role in establishing the Indian Statistical Institute (ISI) and for developing the Mahalanobis Distance, a statistical measure used in various fields.







Title of the activity: Meet Manmohan Singh Nature of the activity: Awareness Name and designation of the resource person if any: Mr. Rony Thomas Kuriyan, 3<sup>rd</sup> year BA Economics Type: Bharatheeyam (Movers & Shakers-2) Organizing agency: MCHE Date: 14 October 2022 Beneficiaries: Students

Brief Report: On 14 October 2022, MCHE conducted an online awareness class on Manmohan Singh. Manmohan Singh is an Indian economist and politician who served as the Prime Minister of India from 2004 to 2014.







Title of the activity: Meet Amartya Sen Nature of the activity: Awareness Name and designation of the resource person if any: Ms. Ashwani Shibu, 3<sup>rd</sup> year BA Economics Type: Bharatheeyam (Movers & Shakers-3) Organizing agency: MCHE Date: 14 October 2022 Beneficiaries: Students Brief Report: On 14 October 2022, MCHE conducted an online awareness class on Amartya Sen. Amartya Sen is an eminent Indian economist, philosopher, and social theorist known for his influential work in the fields of economics, development studies, and social justice. He has made significant contributions to various areas,



including welfare economics, development economics, and the capability approach.





# ACTIVITY REGISTER 2023-2024

Title of the activity: Nurturing Wellness in Karkidakam

Nature of the activity: Awareness

Name and designation of the resource person if any:Dr Ani. P. Prakasam

Senior Medical officer Govt. Ayurveda Hospital, Kothala

Type: GREAT- Tutelage Lecture - 20

Organizing agency: MCHE

Date: 25/7/2023

**Beneficiaries: Students** 

Brief Report: On 25th July 2023 MCHE, Departments of Food Science, Languages & IQAC in association with Department of Indian Systems of Medicine, Government of Kerala organized a meeting on the topic Nurturing Wellness in Karkidakam.

Youtube Link: <u>https://youtu.be/-ylsspLztrA?si=w4xTE1aMroOteg\_0</u>







Title of the activity: Emotional wellbeing in Indian Traditions

Nature of the activity: Awareness

Name and designation of the resource person if any:Prof. (Dr.) V. George Mathew(Former H.O.D., Dept. of Psychology, University of Kerala,)

Type: GREAT Erudite Lecture - 15

Organizing agency: MCHE

Date: 5/7/2023

**Beneficiaries: Students** 

Brief Report: On 5th July 2023 MCHE in association with IQAC organized a class on the topic Emotional wellbeing in Indian Traditions. Former Head of Department of Psychology Department in the University of Kerala Prof.Dr.V. George Mathew delivered the keynote address.



### സെമിനാർ നടത്തി

**സെമിനാർ നടത്തി** പാമ്പാല് കേന്ദ്ര വിദ്യാഭ്യാനം മുത്താലയത്തിന്റെ ഇന്ത്യൻ വി മുത്തിൽ നെന്ററിന്റെ ആഭിമു തിലാശാൻ സെന്ററിന്റെ ആഭിമു ഖ്യത്തിൽ പിഎംജി ബാലഭവ നിൽ സൂസ്ഥിതി, ഭാരതീയ പാര സമിനാർ നടത്തി. കേരള സർവ ഡെമിനാർ നടത്തി. കേരള സർവ ഡെമിനാർ നടത്തി. കേരള സർവ ഡെമിനാർ നടത്തി. കേരള സർവ ഡെമിനാർ നടത്തി. കേരള സർവ കലാശാല സൈക്കോളജി വിഭാ ഗം മുൻ മേധാവി പ്രപ്രംസി. മാ നേജർ ഫാ.വർഗീസ് മർക്കോസ് അധ്യക്ഷത വഹിച്ചു. മാത്തിലാ ശാംന്റെ ചെറുമകൻ വി.ആർ രാജ ഗോപാൽ, സെന്റർ കോ ഓർഡി നേറ്റർ ഡോ.വി.നി.ർ.കെ.വർഗീസ്, ജോസഫ് കട്ടത്തറ എന്നിവർ പ്രസംഗിച്ചു. പ്രസംഗിച്ചു.





Title of the activity: Intellectual Property Rights

Nature of the activity: Awareness

Name and designation of the resource person if any:Prof. (Dr.) Bismi Gopalakrishnan,Dean, Faculty of Law, Mahatma Gandhi University.

Type: GREAT Erudite Lecture - 17

Organizing agency: MCHE

Date: 18/8/2023

**Beneficiaries: Students** 

Brief Report: On 18 August 2023 MCHE in association with Department of Commerce, IPR Cell, Institution's Innovation Council & IQAC organized a class on Intellectual Property Rights advising the youth to take advantage of job opportunities



## നിയമ ശില്പശാല

പാമ്പാടി ▶ കെ.ജി.കോളേജിലെ മഠത്തിലാശാൻ സെന്ററും കോ മേഴ്സ് വിഭാഗവും ചേർന്ന് ബൗ ദ്ധിക സ്വത്തവകാശ നിയമ ശി പ്പശാല നടത്തി. കേരള യൂണി വേഴ്സിറ്റി നിയമവിഭാഗം ഡീൻ പ്രൊഫ. ഡോ. ബിസ്മി ഗോപാ ലക്കഷ്ൺ മുഖ്യപ്രഭാഷണം നട ത്തി. പ്രിൻസിപ്പൽ ഡോ. മിനി ജോസഫ് അധ്യക്ഷത വഹിച്ചു. മഠത്തിലാശാൻ സെന്റർ കോ –ഓർഡിനേറ്റർ ഡോ. വിപിൻ കെ.വറുഗീസ്, ലെഫ്. റെനീഷ് ജോസഫ്, കെ.എസ്.ഹരിക്കഷ്ൺ, അപർണ സന്തോഷ് എന്നിവർ പ്രസംഗിച്ചു.

#### നിയമ ശിൽപശാല

പാമ്പാടി • ബാദധിക സ്വത്തവ കാശ ംഗത്തെ തൊഴിൽ അവസ രങ്ങൾ യുവാകാൾ പ്രയോജനപ്പെ ടുത്തണമെന്ന് കേരള യൂണിവേ ഴ്സിറ്റി നിയമവിഭാഗം ഡീൻ ഡോ ംബിസ്മി ഗോപാലേകൃഷ്ണൻ. കെജി കോളജിലെ മാത്തിലാ ശാർ സെന്ററും കൊമേഴ്സ് വിഭാ ഗവും നടത്തിയ ബാദ്ധിക്ക് സ്വത്ത വകാശ നിയമ ശിൽപശാലയിൽ മുഖ്യപ്പോഷണം നടത്തുകയായി മുഖ്യപ്പോഷണം നടത്തുകയായി മുഖ്യപ്പോഷണം നടത്തുകയായി മുഖ്യപ്പോഷണം നടത്തുകയായി മുഖ്യപ്പോഷണം നടത്തുകയായി മുണ്യ ഡോ.ബിന്മി ശോപാലപ്പ ഷ്ണൻ. പ്രിൻസിപ്പൽ ഡോ.മിനി ജോസഫ് അധ്യക്ഷത വഹിച്ചു. മാത്തിലാശാൻ സെന്റർ ഡോ.മിനി ജോസഫ് അധ്യക്ഷത വഹിച്ചു. മാത്തിലാശാൻ സെന്റർ കോടാർ സിനേറ്റർ ഡോ.വിപിൻ കെ വർ ഗീസ്, ലൈഫ് റെനീഷ് ജോസഫ്, ബിനി മരിയ എലിയാസ്, കെ.എ സ്.ഹരികൃഷ്ണൻ. അപർണ സന്തോഷ് എന്നിവർ പ്രസംഗിച്ചു.





Title of the activity: Hygiene & Food Safety Nature of the activity: Extension Name and designation of the resource person if any: Ms. Ankita Niteen Baber, 3<sup>rd</sup> year BSc Food Science student. Type: GREAT- Gregorians Lecture-19 Organizing agency: MCHE Date:7/6/2023

Beneficiaries: Migrant employees of hotels in Kottayam Town

Brief Report: On 7<sup>th</sup> June 2023, MCHE conducted an awareness class about Hygiene and Food Safety for the migrant employees of hotels in Kottayam town.



# ശുചിത്വ ബോധവൽക്കരണ ക്ലാസ്

ഞ്ഞെടുത്തത്. മഹാരാഷ്ട്ര സഭദ ശിയായ അങ്കിതയുടെ കുടുംബാം ഗങ്ങൾ വർഷങ്ങളായി മുണ്ടക്കയ ത്താണ് താമസം. വൃക്തി ശുചി ത്വം, ഭക്ഷണം പാകം ചെയ്യുമ്പോഴും ഗ്രദ്ധിക്കേണ്ട കാര്യങ്ങൾ ഇവ യൊക്കെ അങ്കിത തൊഴിലാളി കൾക്കു വിശദീകരിച്ചു നൽകി.

അസോസിയേഷൻ ജില്ലാ പ്രസിഡന്റ് എൻ. പ്രതീഷ് ദിനാച രണം ഉദ്ഘാടനം ചെയ്തു. കോ ട്ടയം യൂണിറ്റ് പ്രസിഡന്റ് മനോജ് കുമാർ അധ്യക്ഷത വഹിച്ചു. കോ ളജിലെ അധ്യാപകരായ ഡോ.വി പിൻ.കെ.വർഗീസ്, ഗോപിക രാ ജ്, മേഘ തോമസ് എന്നിവർ അസോസിയേഷൻ ഭാരവാഹിക ളായ ഗിരീഷ് മത്തായി, പ്രേമി കരിമ്പുംകാല, സജിത്ത് ധന്യ, ലീ ബെസ്റ്റ് ബിജു എന്നിവർ പ്രസം ഗിച്ചു.

പാമ്പാടി • 'ജബ് ഹം ശാരീരിക് സ്വച്ഛതാ കൊ നഹി പാലേൻ ഗെ, തോ ക്യാ ഹോഗാ ?'. വ്യ ക്തി ശുചിത്വം പാലിക്കേണ്ടതി നെപ്പറ്റി കോളജ് വിദ്യാർഥിനി അങ്കിത നിതീൻ ബാബറിന്റെ ചോദ്യത്തിനു അതിഥി തൊഴിലാ ളികൾ കൃത്യമായി മറുപടി നൽ കി. ലോക ഭക്ഷ്യ സുരക്ഷാ ദിന ത്തോട് അനുബന്ധിച്ചു കേരള ഹോട്ടൽ ആൻഡ് റസ്റ്ററന്റ് അസോസിയേഷനും പാമ്പാടി കെജി കോളജിലെ ഫുഡ് സയൻ സ് വകുപ്പും ചേർന്നാണ് കോട്ട യം പട്ടണത്തിലെ ഹോട്ടലുകളി ലെ അതിഥി തൊഴിലാളികൾക്കാ യി ശുചിത്വ ബോധവൽക്കരണ ക്ലാസ് നടത്തിയത്. കോളജിലെ 3ാം വർഷ വിദ്യാർഥിനിയായ അങ്കിത നിതീൻ ബാബറിനെയാ ണ് തൊഴിലാളികൾക്കു ഹിന്ദി ഭാ ഷയിൽ ക്ലാസ് നയിക്കാൻ തിര





# ഹോട്ടലുകളിലെ അതിഥിത്തൊഴിലാളികൾക്ക് ശുചിത്വ ബോധവൽക്കരണ ക്ലാസ്

പാമ്പാടി • 'ജബ് ഹം ശാരീരിക് സ്വച്ഛതാ കൊ നഹി പാലേൻ ഗെ, തോ ക്യാ ഹോഗാ ?'. വൃ ക്തി ശൂചിത്വം പാലിക്കേണ്ടതി നെപ്പറ്റി കോളജ് വിദ്യാർഥിനി അങ്കിത നിതീൻ ബാബറിന്റെ ചോദൃത്തിനു അതിഥിഞ്ഞൊഴിലാ ളികൾ കൃതൃമായി മറുപടി നൽ കി. ലോക ക്ഷ്യേസൂരക്ഷാ ദിന തോട് അനുബന്ധിച്ചു കേരള ഹോട്ടൽ ആൻഡ് റസ്റ്ററന്റ് അസോസിയേഷനും പാമ്പാടി കെജി കോളജിലെ ഫൂഡ് സയൻ സ് വകുപ്പും ചേർന്നാണ് കോട്ട യം പട്ടണത്തിലെ ഹോട്ടലുകളി ലെ അതിഥിത്തൊഴിലാളികൾക്കാ യി ശുചിത്വ ബോധവൽക്കരണ കാസ് നടത്തിയത്.

കോളജിലെ 3ാം വർഷ വിദ്യാർഥി നിയായ അങ്കിത നിതീൻ ബാബ റിനെയാണ് തൊഴിലാളികൾക്കു ഹിന്ദി ഭാഷയിൽ ക്ലാസ് നയി ക്കാൻ തിരഞ്ഞെടുത്തത്. മഹാ രാഷ്ട്ര സദേശിയായ അങ്കിതയു ടെ കൂട്ടുംബാംഗങ്ങൾ വർഷങ്ങളാ യി മുണ്ടക്കയത്താണ് താമസം. വൃക്തി ശുചിത്വം, ഭക്ഷണം പാ കം ചെയ്യുമ്പോഴും വിതരണം ചെയ്യുമ്പോഴും വിതരണം ചെയ്യുമ്പോഴും വിതരണം ചെയ്യുമ്പോഴും വിതരണം ചെയ്യുമ്പോഴും വിതരണം തൊഴിലാളികൾക്കു വിശദീകർ ച്ചു നൽകി.

അസോസിയേഷൻ ജില്ല: പ്രസിഡന്റ് എൻ. പ്രതീഷ് ദിനാച രണം ഉദ്ഘാടനം ചെയ്തു. കേ: ട്ടയം യൂണിറ്റ് പ്രസിഡന്റ് മനോജ് കുമാർ അധ്യക്ഷത വഹിച്ചു.

കോളജിലെ അധ്യാപകരാഷ ഡോ.വിപിൻ.കെ.വർഗീസ്, ഗേ: പിക രാജ്, മേഘ തോമസ് എന്ന് വർ അസോസിയേഷൻ ഭാരവ: ഹികളായ ഗിരീഷ് മത്തായി പ്രേമി കരിമ്പുംകാല, സജിത്ത ധന്യ, ലീ ബെസ്റ്റ് ബിജു എന്ന് വർ പ്രസംഗിച്ചു.



ഹോട്ടൽ ആൻഡ് റസ്റ്ററന്റ് അസോസിയേഷനും പാമ്പാടി കെജി കോളജ് ഫുഡ് സയൻസ് ഡിപ്പാർട്ട്ടെന്റും ചേർന്നു കോട്ടയം നഗരത്തിലെ ഹോട്ടലുകളിലെ അതിഥി തൊഴിലാളികൾക്കായി സംഘടിപ്പിച്ച ശൂചിത്വ ബോധവത്കരണ ക്ലാസ് അങ്കിത നിതീൻ ബാബർ നയിക്കുന്നു.

# ബോധവത്കരണ ക്ലാസ് നടത്തി

കോട്ടയം: ഹോട്ടൽ ആൻഡ് റസ്റ്റ റന്റ് അസോസിയേഷനും പാ സാടി കെജി കോളജ് ഫുഡ് സ യൻസ് ഡിപ്പാർട്ടുമെന്റും ചേ ർന്നു കോട്ടയം നഗരത്തിലെ ഹോട്ട ലുകളിലെ അതിഥി ത്തൊഴിലാളികൾക്കായി ശുചി ത്വ ബോധവൽകരണ ക്ലാസ് ന ടത്തി. അങ്കിത നിതീൻ ബാബർ ഹിന്ദിയിൽ ക്ലാസ് നയിച്ചു. ഹോട്ടൽ ആൻഡ് റസ്റ്ററ്റ് അ സോസിയേഷൻ ജില്ലാ പ്രസി ഡന്റ് എൻ. പ്രതീഷ് ഉദ്ഘാട നം ചെയ്തു. കോട്ടയം യൂണി റ്റ് പ്രസിഡന്റ് മനോജ് കൂമാർ അധ്യക്ഷത വഹിച്ചു. ഡോ. വി പിൻ കെ. വർഗീസ്, ഗോപിക രാജ്, മേഘ തോമസ്, അസോ സിയേഷൻ ഭാരവാഹികളായ ഗിരീഷ് മത്തായി, പ്രേമി കരി മ്പുംകാല, സജിത്ത് ധന്യം ലീ ബെസ്റ്റ് ബിജു എന്നിവർ പ്രസം ഗിച്ചു.





Title of the activity: Versions of Ramayana

Nature of the activity: Awareness

Name and designation of the resource person if any:

Dr. Sarath P Nath, Assistant Professor, Department of Sanskrit, Baselius College, Kottayam.

Type: GREAT- Erudite Lecture-16

Organizing agency: MCHE

Date:21/7/2023

**Beneficiaries: Students** 

Brief Report: On 21<sup>st</sup> July 2023, MCHE conducted an online awareness class about Versions of Ramayana.

YouTube Link: <u>https://youtu.be/pMAI0dJljxU?si=R\_023icBSmDIVbzW</u>







Title of the activity: Meet the Entrepreneur

Nature of the activity: Extension

Name and designation of the resource person if any:

Ms. Deepthy Suresh, Proprietor, Taste Trees Payasakada, Kottayam & Siva Agencies (Mineral Water), Kottayam.

Type: GREAT- Gregorians Lecture-20

Organizing agency: MCHE

Date:8/8/2023

Beneficiaries: Students in St. Thomas High School, South Pampady.

Brief Report: On 8<sup>th</sup> August 2023, MCHE conducted Innovation and Entrepreneurship Outreach Program at St.Thomas High School, South Pampady..







Title of the activity: Disaster Management: The UN Model Nature of the activity: Awareness Name and designation of the resource person if any: Ms. Vrindha Nath M C, Former Project Officer,UNEP. Type: GREAT- Tutelage Lecture-21 Organizing agency: MCHE Date:3/8/2023 Beneficiaries: Students

Brief Report: On 3<sup>rd</sup> August2023, MCHE conducted an awareness class about Disaster management, The UN Model. Recognizing the need to contribute to disaster response and recovery efforts, the United Nations established in 1971 its own mechanism to provide international assistance to governments when such governments elevate a request for humanitarian assistance. The UN Model of disaster management is the organization, planning and application of measures preparing for, responding to and recovering from disasters. .

